

CMPS 2010 Conference

Dangerous Liaisons: Working on the Primitive Edge

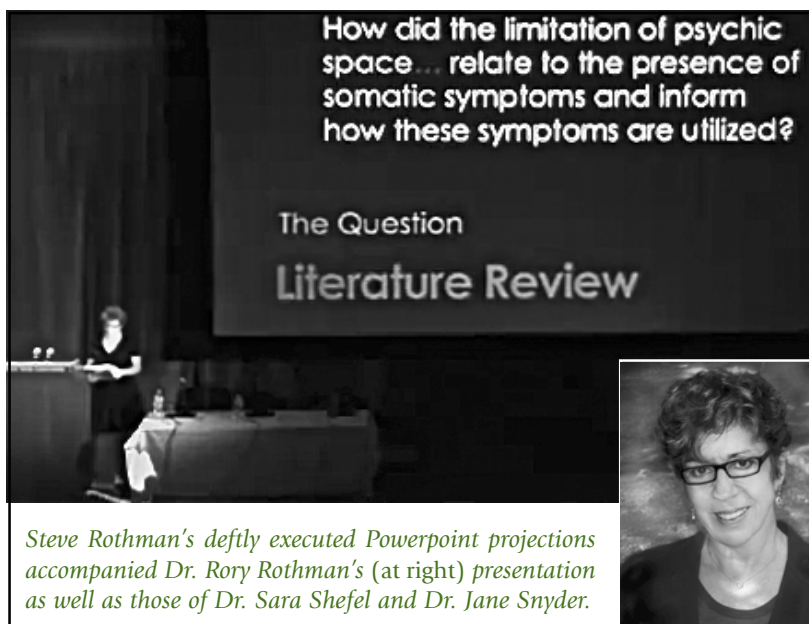
By Mark Buenzle

CMPS' ANNUAL SCIENTIFIC CONFERENCE drew from the resources within its own community to delve into a topic that historically, modern analysts have embraced rather than shied away from — working with patients who express psychic conflicts somatically.

FEATURED SPEAKER, Dr. Rory Rothman began the program with her presentation entitled "When the Body Does the Talking," in which she described the challenges encountered and insights gained in working with somatizing patients over a long-term course of treatment. Rothman discussed the overarching characteristics of this type of patient before presenting three of her own cases. Using Hyman Spotnitz's and Phyllis Meadow's contributions as a clinical and philosophical basis from which to conduct treatment, she built a theoretical framework to further understand her cases by investigating the writings of (among others) Eugenio Gaddini, Joyce MacDougall, and André Green, (all of whom emphasize the drives and early mental states), as well as the work of Pierre Marty and the Paris School of Psychosomatics.

Dr. Rothman characterized somatic symptoms as revealing unspoken inner conflicts. Maturationally, these patients exist (or are trapped) at a primitive juncture where psyche and soma are not yet distinguished. Rather than employing a higher order of mental functions as defenses, the body is used as the main protection against internal and external stimulation. Tension is regulated somatically at the expense of ego functioning. She described these patients as living at a pre-object

CMPS 2010 Annual Conference... continued on page four



Steve Rothman's deftly executed Powerpoint projections accompanied Dr. Rory Rothman's (at right) presentation as well as those of Dr. Sara Shefel and Dr. Jane Snyder.



Message from SMP President, Ted Laquercia

SMP Annual Meeting and Elections: Saturday, May 14th

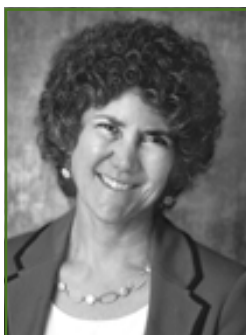
The Society of Modern Psychoanalysts was formed to represent the sole interests of the modern analytic branch of psychoanalysis and to identify those who were specifically trained in the theory and technique of modern psychoanalysis. In the 20 years of its existence, SMP has represented the interests of its members at the institute and individual levels. This year we will have our Annual Meeting for the entire membership; elections will be held for the Board of Directors and Officers. I urge all members to get involved by attending the meeting and nominating and voting for the Board and Officers. We will address the ongoing initiatives of the expansion of our membership and the improvement of our web site. SMP's representation of the fundamental mission of our institutes and the professional concerns of our members is of primary importance. Your participation will refine our purpose to these ends.

Jane Snyder Named President of BGSP

by Carol Panetta and Paula Berman



On August 1st, 2010, the Boston Graduate School of Psychoanalysis (BGSP) welcomed a new President, Dr. Jane Snyder. Snyder succeeds Dr. Dena Reed, who served as BGSP President for six years.



Snyder has held many administrative positions at the School, most recently as Provost, but also as Director of the Extension Division, Coordinator of the Institute for the Study of Violence, and Dean of Graduate Studies. In addition to her role as BGSP President, Snyder will continue to co-chair the Research Committee, teach, supervise, and conduct training analyses.

"BGSP is a unique school; our programs are solid and growing," stated Snyder. "I look forward to building on the strong foundation established by former presidents, Dr. Meadow and Dr. Reed over the past 38 years to continue to engage in innovative psychoanalytic education."

Snyder holds a BA in English from Lebanon Valley College in Annville, PA, a PhD in Psychology from Boston University, and an MA and Certificate in Psychoanalysis from the Boston Graduate School of Psychoanalysis. She has written and presented on topics including treating the action prone patient, adolescent issues, and family violence.

Her most recent presentation was given in November at the Center for Modern Psychoanalytic Studies (CMPS) annual scientific conference in New York City where Dr. Snyder discussed recent developments in psychoanalytic research.

May 27th to June 5th: SMP 2010 Conference Tour Heads for Barcelona and Madrid

SMP'S SPRING CONFERENCE Tour goes this year to Barcelona and Madrid, Spain. Join us as we explore two of Europe's most cosmopolitan cities and the breathtaking, historic beauty surrounding them. Our date of our departure is set for Friday, May 27th and we return on Sunday, June 5th.

Our itinerary includes the wonderful sights of these two cities connected by a high speed bullet train and professional meetings. For more details on the tour & an application to enroll, go to: www.SMPUSA.org.

Note: Enrollment has already begun. Space is limited.

Barcelona, Spain



16 West 10th Street, NY NY 10011 Tel. 212.260.7050 Web: www.smpusa.org

Editor: Angela Musolino • Associate Editor: Charlotte S. Melnik

Creative Director: Judy Roehl

SMP BOARD OF TRUSTEES

Officers

Theodore Laquercia, *President*
Lucy Holmes, *Immediate Past President*
Charlotte S. Melnik, *Secretary*
Angela Musolino, *Treasurer*

Committee Vice Presidents

Mimi Crowell, *Degree Development*
Ellen Barz, Ronald Okuaki Lieber, *Legislative Affairs*
Ernest Brod, Richard E. Cheney, *Information & Public Relations*
Eve Hazel, *Membership*
Proctor Lippincott, *Communications*
Raúl Plasencia, *Conference & Scientific Meetings*
Vicki Semel, *Institute and Organization Membership*

SMP Members-at-Large

Patricia Bratt
Sherry Ceridan
Elizabeth Dorsey
Marvin Koven

Carol Lerner
Joan Lippincott
Proctor Lippincott
Sharon Long (*Student*)

Faye Newsome
Rory Rothman
Christopher Russell
(*Student*)

Eugene Smithberg
Jane Snyder
Francia White
(*Student*)



LICMPS to present Historic Film

Freud through Lehrman's Lens

IN 1928-1929 PHILIP LEHRMAN took 16mm movie films during that year of his analysis with Freud. A documentary film project, which Lehrman and his daughter Lynne Lehrman Weiner narrated, was finalized by his daughter after her father's death in 1958. The result is a very personal insight into the personalities of classical psychoanalysis.

Lynne Lehrman Weiner will personally present this extraordinary film on behalf of the Long Island Center for Modern Psychoanalytic Studies (LICMPS.) An open discussion will follow the showing of the film on **Sunday, May 1, 2011 at 3PM** at Lexicon, 226 East 54th Street NYC. Tickets: \$35 (includes hors d'oeuvres.) LICMPS: 516.942.0481 or LICMPS@verizon.net.

LICMPS Directors: Joan E. Hertz, PhD, E. Paula McNabb, LCSW, Linda G. Peltz, PhD, Chair: Avivah L. Sayres, PhD.

Spotnitz Archives Update

Ron Okuaki Lieber

AS PREVIOUSLY REPORTED, CMPS is the recipient of the gift of the Hyman Spotnitz papers from the Spotnitz family. Dr. Sara Sheftel who conducted the negotiations for CMPS said, "the work in archiving the Hyman Spotnitz papers gives them a proper home and a place of honor at CMPS."

Ms Melanie Meyers has been carrying out the work of archiving the papers. She has completed Series 1, *Papers & Lectures*; Series 2, *Notes & Research*; Series 3, *Papers relating to Modern Psychoanalysis in general* (theory, academic programs and institutions.) Series 4 will cover materials related to Spotnitz' book publications. This comprises about two thirds of the material. Ms Meyers has mentioned that there are folders full of reading notes, reflecting Spotnitz's "voracious reading habits." The archives are not yet ready to be accessed, and Ms Meyers will also prepare a "Finding Aid" to assist researchers in their work. In addition, a form is being prepared according to the provisions of the gift agreement for those who wish to gain access to the archives.

Remembrance of Dr. Leslie Rosenthal



It is my sad duty to report the death of Dr. Leslie Rosenthal, a great human being, who died suddenly this November. He was one of the great group-psychotherapists of our time; especially modern analytic group psychotherapy; and certainly with respect to its theoretical rationale as well as to the art of its practice.

I shall not attempt to review Dr. Rosenthal's many professional accomplishments, which date back to the birth of modern analysis, when he was working with Dr. Hyman Spotnitz at the Jewish Board of Guardians over fifty years ago and during the past forty years with students and faculty at the Center for Modern Psychoanalytic Studies.

He has supervised and analyzed countless students and staff and his writings have influenced their commitment to understanding the unconscious as well as conscious symbolic and emotional communications that are often overlooked in the clinic and in the classroom.

Instead I just want to say a few words of a personal nature expressing my own experience and impressions of him. He was wonderfully composed, cool and collected: brilliant, a pleasure to talk to, and very original and creative. He also was a master of "joining;" and told the best jokes of any analyst that I've ever met! I loved his sense of humor. He was also the most talented group leader that I ever knew.

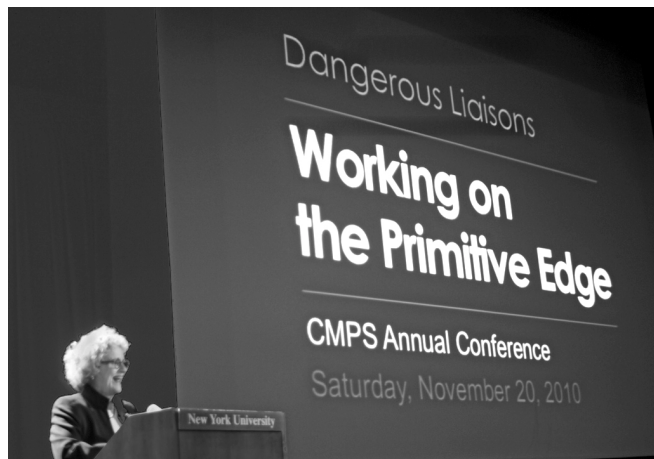
There were striking parallels in our lives. We are the same age. The same ethnicity and we were both in the army at the same time during World War II. We have both suffered and enjoyed many of the same experiences and aspirations. I met Les for the first time, many years ago, when I joined the Spotnitz therapy group he was in. And since that time, I joined him on the same faculty. So we have more or less been seeing each other for more than forty years.

I have always thought of a therapy group as being like a second chance family. The group and the Center have become like a family to me. And that makes Dr. Spotnitz like a father. And that makes Les like a brother. Perhaps even a twin brother. A nonidentical twin brother, to be sure. And that is the way I think of him.

I'm going to miss you, brother.

Sincerely,
Arnold Bernstein

CMPS 2010 Annual Conference... *continued from page one*



Dr. Lucy Holmes, conference chair and panel moderator

level, where symbiotic merger is the only way they are able to function, and separation involves a loss of self and a threat to existence. Change is a menace to their survival and consequently no discernible progress is made in the treatment. Such patients operate at a concrete level and primarily report facts of their everyday lives, thus rendering the treatment bereft of communications about dreams, fantasies, and the transference itself. Without somatization as a regulator of tension and a shield from internal and external stimulation in these patients' fragile inner lives, they might become psychotic or even die.

Dr. Rothman shared a coding scheme she has devised for understanding seemingly immovable patients and to determine how they manage internal tension states. The scheme comprises the following four categories: *pathologies of affect*: self-loss anxiety, tension state without feeling (symbiosis), depersonalization, limited ability to regress, affective anesthesia, oral fixation, destructive urges; *pathologies of thought*: limited fantasy/thinking, lack of awareness, confused/empty head; *psychotic structures* (blank slate, fragmentation); and *psychosomatic structures*: somatic symptoms, somatic complaint.

Turning to her case studies, Rothman presented three long-term patients in which somatic disorders have been apparent, and have involved symptoms such as chronic fatigue, life-threatening asthma, irritable bowel syndrome, and impulse gorging. The particulars of each case were unique, but all revealed unmentalized instinctual conflicts that were enacted in the realm of the body and provoked negative countertransference experiences such as numbness, anxiety, and the feeling of being invaded.

Rothman concluded her presentation by talking about the importance of understanding narcissistic transferences, and the significance of using induced feelings and countertransference states as a way of conceptualizing

and managing work with primitive patients. She spoke of the necessity of being receptive to internal states, and cautioned analysts working with such patients to be alert to toxic inductions and vigilant to unfiltered aggression in order to avoid damage to oneself or one's patients. In the end, when working on the primitive edge, the analyst must be willing and able to tolerate all of the intense feeling states the patient experiences beneath the curtain of somatic symptoms.

In the end, when working on the primitive edge, the analyst must be willing and able to tolerate all of the intense feeling states the patient experiences beneath the curtain of somatic symptoms.

DR. SARA SHEFTEL'S presentation grounded Rothman's research and practice in the tradition of modern psychoanalysis. She spoke about Dr. Spotnitz's pragmatic approach to treatment wherein the analyst uses his or her creativity to find what works and to discard anything that does not help the patient. Sheftel asserted Spotnitz's (and Marty's) debt to Freud in understanding narcissistic and psychosomatic states. Although modern analysts work on the defenses that prevent the expression of negative forces, she cautioned against the mistaken impression that discharge alone leads to cure, when in fact it is the patient's capacity to say everything, or, in other words, to have full access to the totality of his or her feelings and thoughts. The analyst's job is two-fold, as he/she must provide the patient with both psychological nourishment and release, and in so doing, must tolerate difficult countertransference states.

DR. JANE SNYDER dealt with the challenge of researching and writing about primitive patients. She described students' disinclination to track and analyze data about such cases because of a reluctance to re-emerge themselves into the unpleasant and dangerous feeling states that come from such patients, and spoke about the use of theory as a stabilizing force, a guide through this difficult process. Snyder advised researchers to pay close attention to what each patient tells us, as well as what they communicate in nonverbal ways, what is left out, and our own feelings as we make inferences about

continued on page five

CMPS Conference...continued from page 4



L-R: Sara Sheftel, Avivah Sayres, Rory Rothman, Jane Snyder

unconscious meaning and motivation. She emphasized the importance of the contact function when conducting psychoanalytic research, as it lets the patient define the course of treatment. In arriving at a research question, she suggested exploring the primary resistance in the case, and how this resistance manifests in the transference and countertransference. Throughout the process, Dr. Snyder emphasized the importance of writing down everything we can about our clinical experiences.

AFTER THESE PRESENTATIONS, members of the audience posed several questions to the three speakers. One questioned the efficacy and ethicality of keeping these patients in treatment over many years without much tangible progress. To paraphrase—why do we work for years with somatizing patients despite their immovability and intractability? Why do we continue treatment in the face of our own exposure to destructive emotional (and perhaps physical) contagion. The unanimous answer from our panel was simple. We do it because without us, our patients on the primitive edge between mind and body might not remain alive.

BELONGING TO A COMMUNITY of colleagues is necessary in this work, and the afternoon session gave us a chance to connect. After lunch, small discussion groups formed in which to explore and process the morning presentations with peers. These groups joined constituencies of CMPS including alumni, current students from Boston and New York, and faculty, all with their own perspectives and reactions.



The day ended with a convivial reception at which it was apparent that this community of analysts is indeed alive, both clinically and socially.

BGSP Cape Cod Conference 2010

Connection or Disconnection?

Psychoanalysis and the Technological Revolution

by Jill Solomon



ON A WARM AND SUNNY WEEK last August, participants came together in Wellfleet MA to brainstorm about the intersection between psychoanalysis and technology. The conference opened up with Dr. Lynne Perlman leading a discussion about how pervasive technology is in our lives. Who doesn't have a cell phone and feel uncomfortable if they leave it at home? Is technology moving us closer or further away from each other? What is happening to our inner emotional world?

MRS. ELIZABETH DORSEY FOCUSED our discussion on the intrusion of technology in the analytic relationship. What is the patient telling us when he/she wants to email the analyst or skype their session because they have chosen not to attend in person? What fantasies, impulses and motivations are either being aroused or acted on and what is the complementary feeling in the analyst? Dr. Mary Shepherd pointed out the enormous pressure technology has put on all of us to act impulsively and the strength it takes to sit and understand the communication without acting first.

OUR EXPLORATION MOVED TO addiction in the form of internet gaming. Dr. Mark Klein gave us a personal glimpse of his own journey into the bowels of World of Warcraft and how he climbed out of that world and back into family life. Boston Graduate School students formed a panel along with Dr. Jane Snyder to lead a discussion of the role of gaming in our lives.

THURSDAY AND FRIDAY were spent investigating the role of television in our lives and our patient's lives. Dr. Eugene Goldwater and Mrs. Patricia Hugenberger led discussions of how the family is seen over time and what is happening internally for us when we watch T.V.

In the end, the group set about processing their feelings from the conference to determine whether they felt connected or disconnected.

NYGSP and CMPS Graduation: Classes of 2009 & 2010

Marsha Breitman



ON OCTOBER 24th—a radiant Sunday afternoon—the joint graduation ceremony of the New York Graduate School of Psychoanalysis and the Center for Modern Psychoanalytic Studies took place. Ronald Lieber, Administrative Director of CMPS and NYGSP, began the festivities by welcoming family and friends to what proved to be a most moving event. CMPS President, Mimi Crowell, congratulated the graduates and acknowledged the faculty for the diligent effort and commitment demonstrated by all in reaching this rite of passage.



NYGSP 2009 graduates Ana Luisa Bolaños-
Woessner and Marden Barbosa

THE DAY WAS HIGHLIGHTED by NYGSP and CMPS graduates reading their unique “final” logs—full of feeling and vivid in the description of their own particular experiences. Common to all, was the theme that the programs provided an exceptional education that spoke to both the intellect and the heart. Many honorees commented on the emotional education they received in the long and sometimes painful journey toward personal growth. They shared thoughts about the gains derived from their experiences: getting to know themselves and what they want from life; tolerating feelings, particularly feelings of insecurity and frustration; accepting change; developing the capacity to sit with regressed patients; learning to listen; and, for those whose first language is not English, in challenging themselves to improve their English and learn psychoanalysis simultaneously. Some spoke about their experience of the analytic community as providing a home and a family. In essence, all participants were united in a sense of feeling very alive through the process of an extraordinary education.

DIPLOMAS WERE PRESENTED to the eleven 2009/2010 NYGSP and seven 2009/2010 CMPS graduates by Mimi Crowell and Dolores Welber. Dr. Crowell proudly presented the Rose McAloon Award for Excellence in a Master’s Thesis to Jennifer Coonce and Richard Sacks. The Award for Best Psychoanalytic Research Project, which resulted in a tie, was presented to both Kenneth Feingold and Ira Wind. Dr. Theodore Laqueria informed the audience about the efforts being undertaken at CMPS to establish a doctoral program. After the program, graduates and faculty joined family and friends in a festive champagne reception hosted by Jennifer Wade, Marsha Breitman, Stephen Guttman, Joan Israel, Carol Lerner, and Jennifer Lieber, members of The Graduation Committee



CMPS 2010 Certificate graduate, Kenneth
Feingold & family arrive for the ceremony

CMPS & NYGSP 2009-10 Graduates:

NYGSP Class of 2009

Marden Barbosa, Ana Luisa Bolaños Woessner, Heather Dean,
Brendan Doohan, Katerina Fagkra, Victor Franco, Eva Pircher,
Richard Sacks, Sam Schacht

NYGSP Class of 2010: Ashleigh Colin, Jennifer Coonce

CMPS Class of 2009

Christine Stock-Simpson, Lauree Mitchell, José Alberto Hevia

CMPS Class of 2010

Ira J. Wind, Beth Murphy, Kenneth James Feingold, Hana Dimitstein-Ozer

CMPS Extension Division

Advanced Candidate Presentation Forum

by Barbara D'Amato

Advanced certificate candidate, Mark Buenzle gave a dynamic case presentation on October 17th for the CMPS Extension Division's *Student Clinical Presentation Forum*. Faye Newsome provided a supervisory presence and engaged in dialogue with Mr. Buenzle regarding the central conflicts in the case. This venue has become a staple of the Extension Division program and is now offered twice yearly, drawing more and more students to share, collaborate and observe the process of understanding a single case. Attendees actively investigate, along with the presenter some of the core issues that the clinical material reveals as it is chronologically laid out before them. Buenzle's case was physically and emotionally challenging. Yet, he demonstrated skill and patience throughout the treatment. In this dyadic, yet narcissistic, relationship he discovered what the patient needed developmentally and what he needed, in retrospect, to remain maturational with his patient. Ms Newsome characteristically asked pertinent questions that cut to the heart of the clinical resistances and encouraged the group to participate in this live portrayal of how modern analysis works.



Faye Newsome



Mark Buenzle



ACAP: One-Year Program in Modern Psychoanalysis begins January 2011

by Pat Bratt

The Academy of Clinical and Applied Psychoanalysis' (ACAP) new One Year Program provides an opportunity for clinical practitioners and professionals in various disciplines to enhance their clinical skills by introducing them to innovative, modern psychoanalytic principles, theories, and techniques. Students will learn effective ways to design interventions to reverse maladaptive emotional and behavioral patterns, and will begin to master the practical clinical skills that can profoundly impact work with clients by promoting a collaborative, self-defining approach to growth. The program can make the difference between burnout and career satisfaction. ACAP's One Year Program consists of four courses which introduce basic concepts. Participants receive a certificate of completion at the end of each course. For details on the program: www.acapnj.org



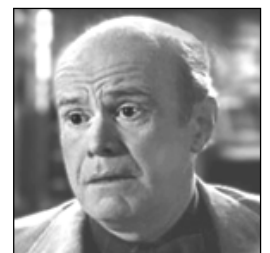
Sam Schacht

News Flash: Beckett's a Hit!

by Richard J. Sacks

On November 5, 2010, seventy-five captivated audience members experienced Broadway at CMPS. The dynamic duo of Dr. Barbara D'Amato and Sam Schacht applied their artistic, dramatic, and clinical thinking talents to a dramatic presentation and performance of Samuel Beckett's *Krapp's Last Tape*.

Mr. Ken Kimmins, star of Broadway and TV, gave a virtuoso performance of Beckett's autobiographical musings and poetic reflections on vanished youth, lost love, and impending mortality. Mr. Schacht, who edited and directed the performance, successfully employed the theatrical device of journal reading. Kimmins inhabited the character with truth and immediacy.



Ken Kimmins

The performance was followed by an interview and interactive discussion led by Dr. D'Amato. Having done extensive research on Beckett, the man and the playwright, D'Amato conducted an engrossing interview of Mr. Schacht on the creative process of adapting a dramatic monologue to the CMPS environment. (*Something Schacht has been doing at CMPS with great success for the past five years.*)

Discussion was then opened to the avid audience who joined in with thought provoking comments on the nature of poetic expression, Beckett's long relationship to James Joyce, and the clinical nature of depression, longings, reverie, and mortality. The evening was a smash success. Kudos to Barbara D'Amato, Sam Schacht and Ken Kimmins.

"Creative Collaboration" at BGSP's Gallery 1581

Joining forces with the C.G. Jung Institute in Boston, Gallery 1581 at the Boston Graduate School of Psychoanalysis in Brookline hosted the special exhibit *The Emergence of Self Through Creative Collaboration*. Students and faculty of both institutes joined the public at the exhibit opening on Saturday, October 2nd to view the Jung-inspired works of artists David and Louise Weinberg. Dr. Mara Wagner of BGSP and Dr. Cornelia Dimmitt of the C.G. Jung Institute presented talks, followed by a panel discussion with the artists. This cooperative show included both works by each artist and as many pieces that were collaboratively assembled, combining elements of photography, painting, and collage.

THE PAINTINGS BY Louise Weinberg (*a former social worker*), are at once whimsical and elemental. Small colored orbs emerge from layers of paint and assume characters of playfulness, safety, and imagination. David Weinberg's photographs, on the other hand, tend to be vaguely threatening, featuring high contrast, sharp outlines, layered masks, and intense expressions on his own face in self-portraiture. Strange green eyes peer out of a man's painted face, a thin figure disappears from beneath a floating shroud, a face reflected in water breaks apart. Whereas the paintings evoke a sense of lively beginnings, cracking open, rolling, and flow, the photographs tend to be unsettling, inspiring a fear of dislocating inner dangers and transformations.

This contrast makes the collaborative work between husband and wife that much more interesting. In the series *Still Life*, Louise has meticulously painted David's face, arranged pieces of fruit on his head and in his mouth, and photographed him. The photographs are then integrated into the canvases of her paintings, resulting in a fusion of the organic and the inorganic, subject and object. In a haunting triptych, David has photographed his own face and Louise's face, but the images are so merged that the two have become eerily indistinguishable — a commentary, perhaps, on the alloyed Self that emerges from a marriage of intense and creative collaboration.



Gallery 1581 visitors view photograph by David Weinberg



ACAP: Communicating with Elderly People with Mental Impairment

by Pat Bratt

ACAP's program, "Strategies for Communicating with the Mentally Impaired Elderly: A Training Program for Caregivers and Health Professionals" funded by the Grotta Grant, continues to exceed expectations.

SINCE LAST SPRING, more than two hundred health professionals and caregivers have participated in the training sessions and conferences. The five-session interactive curriculum offers real-life scenarios, innovative methods, and issue-specific skills to improve communication with seniors who are vulnerable and challenging. Participants are helped to develop strategies to better communicate with the mentally impaired elderly, and to improve in-home care of mentally impaired elderly by training family and professional caregivers of all categories including: family members, administrators, social workers, rehabilitation staff nurses, and nurse aides. Program goals are to improve medical treatment compliance and quality of life within senior care facilities and to better transition discharged patients to independent living. ACAP is in the process of packaging the curriculum for both nonprofit and private organizations. Details at: www.acapnj.org



VSMP Reviving an Old Tradition—*The Salon*

By Bonnie Irwin

WHERE CAN YOU SIP the heady wine of salon conversation today? At the Vermont Society for Modern Psychoanalysts' salon. The aim of poetry, according to Horace, is to please or to educate. Salons aim to do the same. An Italian invention of the 16th century, salons gather groups of people together to take part in conversation to increase knowledge, refine tastes, and provide an afternoon or evening of pleasure.

SINCE ITS INCEPTION in July of 2008, VSMP has hosted four salons. The first explored the question, "What happens to an organization upon the death of a charismatic leader?" Mrs. Elizabeth Dorsey wove ideas from *Totem and Taboo* through her talk. Themes of intimacy and connection pervaded the evening. In the next salon, Dr. Mary Shepherd contemplated the notion of "The Dangerous Um," examining Spotnitz's technique of the contact function. She suggested that analysts must be aware that sub-vocal comments, even those as small as "um" are interventions and should not be thoughtlessly made. At VSMP's third salon, Joyce Smith, in a tribute to the late Dr. Rose McAloon, reviewed one of her papers that held particular interest for student analysts. In her article "The Need to Feel Like an Analyst," McAloon writes about becoming an analyst. Most recently, Dr. Eugene Goldwater explored the special difficulties of working with impulsive patients. His talk, "Impulsivity and its Discontents," was followed by case material presented by Lynn Irwin.

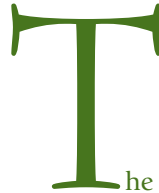
EACH SALON HAS a different flavor, provoking thoughtful conversation, growth, and an understanding of modern psychoanalysis. The salon format is an ideal way to educate and please those who participate.



VSMP salons are open to all. We share a meal, immerse ourselves in ideas, and discuss psychoanalysis. Join us in an ancient tradition. For information, VGSP at: vermontsmp@gmail.com

NAAP Annual Conference: Do You Know Me?

by Margery Quakenbush



he 38th Annual Conference of the National Association for the Advancement of Psychoanalysis (NAAP), entitled, "Do You Know Me? The Value of Multiple Theories in Psychoanalysis," was held on Saturday, November 6th in New York City. Dr. Donnel Stern was the keynote speaker for the event. Dr. Gerald Gargiulo and Ms Jane Hall were panelists.

DR. STERN ASKED THE QUESTION, "Do we know the theory behind our techniques?" He stated that implicit technical theory is the source of all explicit technical theory and the expression of value positions that we often have not reflected on. Our positions about what is good in life, so frequently unexamined, underlie our theories of technique. Evaluation of technical theory requires that we identify the values that have inspired our theories, and then decide which of these purposes are most important to us, and which theories best accomplish them. Stern said we continuously hold multiple, implicit theories of technique because we invent new ones as we face situations that demand them. As long as practitioners of conflicting theories are conducting genuine conversation with one another, multiple conceptions of practice are a sign of a field's vigor.

...we continuously hold multiple, implicit theories of technique because we invent new ones as we face situations that demand them.

In Freudian analysis the insistence on listening, on minimal intervention, and on promoting neutrality and abstinence came from a deep respect for individuals. An analyst's willingness to hear anything, with no preset diagnostic assumptions, means a constant flexibility of what we call technique.

FOLLOWING DR. STERN'S PRESENTATION, Dr. Patricia Bratt chaired a panel discussion after which the conference was opened to questions from the floor.

The afternoon included a delicious luncheon followed by the *Gradiva* Awards Ceremony, chaired by Dr. William Hurst. (Listings of 2010 *Gradiva* awards and winners at: www.naap.org) A variety of stimulating workshops concluded the day.

BSMP Leaders Reveal Secrets of Twenty-Five Years

by Ernest Brod



IN TRADITIONAL PSYCHOANALYSIS, the analyst reveals little about himself — and certainly nothing about his feelings. But at the final program of the Brooklyn Seminars in Modern Psychoanalysis' (BSMP) 25th year, three groups leaders sat in front of more than 30 attendees and revealed their innermost feelings about keeping the organization going for a quarter century.

Appropriately enough, the topic for BSMP's 25th anniversary year was "Staying Together." At the closing session, sub-titled "Lessons in Survival," the three longest tenured leaders, Ernest Brod, Michaela Schaefer, and Elliott Schuman, engaged in a conversation among themselves about the feelings they coped with in working together and trying to get along for such a long period. They talked about enduring such challenges as the death of the organization's founder, Carol Brod; the periodic shortage of funds, which sometimes meant *they* were financing the organization; the differences of opinion about the group's direction; the resentment about differing levels of effort, and the disappointments in how one another's responsibilities were carried out.

The audience was free to interrupt at any time, either to ask a question or to point out how a particular exchange mirrored conflicts in their own lives. Some attendees developed the thought that the leaders had been "treating" one another, and related that concept to difficult situations in their family or in their workplace. The theme that seemed to pervade the event was that it was first necessary to be clear about the goal to stay together. In that case, we can have all of our feelings, so long as we act in the service of the goal.

Many welcomed the opportunity to see the group's leaders in a different role—as "real people"—with feelings they could relate to, rather than as impenetrable and inscrutable objects, as in the strictly Freudian analytic relationship. Based on the positive reaction, the Planning Committee has structured this year's schedule so that at our final program, on May 15, the senior leaders will present their personal thoughts and feelings about this year's topic: "Getting Along."

TO UNDERLINE THAT BSMP intends to remain a vital force as it begins its second quarter-century, our website — www.bsmppbrooklyn.org. — makes its debut at the beginning of 2011. So BSMP is changing, in order to continue to achieve our goal of making the lives of our participants happier and more successful. We change, as we stay together, which reminds me of a comment made by Dr. Carol Brod, when asked many years ago how she managed to remain married to the same man for more than 30 years. She replied, "He changes."



ACAP joins Community Resource Partnering Network



The Academy of Clinical and Applied Psychoanalysis (ACAP) met with twenty-five other psychoanalytic institute leaders in New Jersey this December to discuss the challenges each faces in developing their institutes and treatment services. Six institutes and many schools of thought were represented at the meeting.

WE EXPLORED working together on issues such as how to attract new students and patients for our student training programs. It was agreed that one major obstacle to surmount is the relative invisibility of psychoanalytic institutes and the decreased interest in psychoanalysis in university-based mental health training programs. The internal conflicts that exist within and among the psychoanalytic groups were also addressed and included a discussion on how we can come to respect our differences.

The question of whether we should "flaunt" psychoanalysis, engendered a lively debate in which many new strategies for the development of our institutes were put forth.

IN CONCLUSION, it was agreed that we can make a greater impact if institutes work together to develop a campaign to make psychoanalytic training more visible and to let people know about the value of good training.

The group will meet again in January to formalize its strategic plan for promoting psychoanalysis in New Jersey.



SMP Winter-Spring 2011 Community Calendar

An Institute's full name and address are listed with the first calendar entry only. Please submit article and calendar dates to Charlotte Melnik: Melnikcs@hotmail.com

Sunday, January 9, 2011, 10:30 AM

Brooklyn Seminars in Modern Psychoanalysis (BSMP)
2011 Brunch Programs on "Getting Along." January 9th: "Taking Care of Me," Elliot Schuman discusses keeping our individuality in an intimate, family or workplace relationship, or without a relationship. Workshops follow: 10:30AM, 170 Rugby Rd, Brooklyn. 917-602-9394; erniebrod@yahoo.com.

January 9, February 12, March 12

Long Island Center for Modern Psychoanalytic Studies (LICMPS) Course: Immediacy in Modern Psychoanalysis: An Historical Journey from Winnicott to Perls to Spotnitz to Ormont. *Steve Padnick*. 516.942.0481, LICMPS@verizon.net.

Saturdays, January 15th through March 26th

LICMPS Course: "Rethinking Narcissistic Transference: Its Role in Therapeutic Change." *Dan Gilhooley*. Information: LICMPS; 516.942.0481 or LICMPS@verizon.net.

Winter/Spring 2011

LICMPS Workshops: Inconvenient Feelings in Dreams & Other Hiding Places, *Part 3, Philip Merwin*; Resolving Countertransference Resistance, *Evelyn Leigner*; Group Therapy, *Avivah L. Sayres*; Analysis of an Adoptee Case Presentations, *Joan Hertz*. For information on dates & times: LICMPS 516.942.0481/ LICMPS@verizon.net.

TUESDAYS: Jan. 11, 1pm; Feb. 8, 5:30pm; Mar. 8, 1pm; April 5, 5:30pm; May 3, 1pm; June 14, 5:30pm

CMPS & NYGSP Open Houses. Informational sessions led by a faculty member and a student. Learn about the programs of study offered at the Center for Modern Psychoanalytic Studies and the New York Graduate School of Psychoanalysis. **CMPS and NYGSP**, 16 West 10 St., NYC. Information: 212.260.7050; cmps@cmps.edu; nygsp@bgsp.edu.

SUNDAYS: January 16, March 13, Noon–1:00PM

ACAP Informational Open House: What Psychoanalytic Studies Can Do for You. Academy of Clinical and Applied Psychoanalysis, ACAP: 301 S. Livingston Avenue, Livingston NJ. 973.629.1001; events@acapnj.org; www.acapnj.org

Sunday, January 16th, 1:00–3:00 PM

Elina Enista, PhD, **I Don't Wanna Grow Up!** Seminar on Mid-Life Losses & Opportunities. The many things we want to avoid in growing up can, when tackled, make life more exciting and satisfying. \$20 suggested donation. ACAP. 973.251.9312; www.acapnj.org; events@acapnj.org

Wednesdays, Jan. 19, Feb. 2 & 16, 6:00–9:30PM

Becoming the CEO of Yourself: Strategies for defining what you want from your practice/business/organization. Three-session seminar with Patricia Bratt, PhD. ACAP: 973.251.9312; events@acapnj.org; www.acapnj.org.

Thursdays, January 20th & 27th 6:00–8:00 PM

Sheila Zaretsky, **The Flight of Icarus:** A workshop on late adolescence, ages 15 to 23. Issues confronting parents and young adults are identified. ACAP: 973.251.9312 or events@acapnj.org

Friday January 21st, 7:30–9:30 PM

Maladaptive Defense or Adaptation? An evolutionary perspective of human nature has implications for the most effective treatment approach for impulse-control, affect tolerance and regulation, and optimal decision-making. Eugene Kalin, PhD. CMPS: 212.260.7050 or cmps.edu

Sunday January 23rd, 11:30 AM

"Race to Nowhere," a new documentary about the pressures faced by American school children and their teachers in a system and culture obsessed with achievement, competition and the pressure to perform. \$25 suggested donation. ACAP: 973.251.9312 or e-mail: events@acapnj.org

Wednesdays: 6:30–7:30 PM

January 26, February 23, March 23, May 18

Boston Graduate School of Psychoanalysis (BGSP) Information Sessions for all programs; 1581 Beacon Street, Brookline, MA. Learn about our programs. To register contact: Solange Garcia: 617.277.3915 or bgsp@bgsp.edu.

Friday, March 4th – 7:30–9:30 PM

Student Clinical Presentation Forum: Ms Faye Newsome moderates; Alisa Krieger, advanced fieldwork student, presents clinical material. CMPS: 212.260.7050/www.cmps.edu

Sunday, March 13, 1:00–3:00 PM

"Taking Care of the Elders." Vicki Semel, author of *Strategies for Therapy with the Elderly: Living with Hope and Meaning*, leads a seminar for those who care for an elder parent or client, and elders who need ways to communicate. ACAP: 973.251.9312 or email events@acapnj.org

Sunday, May 1, 2011 at 3:00 PM

LICMPS presents an historic film: *Freud through Lehrman's Lens*. Lexicon, 226 East 54th St, NYC. Tickets: \$35 LICMPS: 516. 942.0481 or LICMPS@verizon.net. (see article page 3.)



Saturday, May 14th

SMP Annual Meeting & Elections (See page 1)

SMP Spring Tour: May 27 – June 5

SMP Spring Conference Tour to Barcelona & Madrid, Spain. Departure: May 27; Return: June 5. Details and application to enroll at www.smpusa.org. Space is limited. (See pg 2)

Reminder: Have you Paid your SMP Dues?

Dues notices were e-mailed to SMP members in early December with instructions for using SMP's website: www.SMPUSA.org. If you've forgotten to send in your dues or would prefer to pay them without consulting SMP's web site, yearly membership fees are listed below: Any changes in your address or profile should be made at SMPUSA.org or e-mailed to: Membership chair, Eve Hazel: drevehazel@aol.com.

MODALITIES AND FEES

Beginning Students	Dues FREE
Candidate Practitioner	\$45.00
Candidate Practitioner (CP)	\$45.00
Candidate Group Practitioner (CGP)	\$45.00
Psychoanalyst	\$75.00
Psychoanalytic Psychotherapist (PP)	\$75.00
Group Psychotherapist (GP)	\$75.00
Psychoanalyst/Group Psychoanalyst (P, GP)	\$75.00
Applied Psychoanalysis Professional	\$45.00
Friend	\$45.00

Name _____

Modality _____

enclosed dues: \$ _____

Mail your check payable to SMP to:

SMP, 16 West 10th Street
New York NY 10011

Winter/Spring 2011/ Volume XIX/Number 1

16 West 10th Street, New York, NY 10011-8707

212.260.7050 • www.smpusa.org

the Analyst

CMPS Annual Conference 1,4-5

Snyder is BGSP President 2

LICMPS to show historic film 3

BGSP: Connect or Disconnect? ... 5

CMPS Graduation 6

"Creative Collaboration"
at BGSP Gallery 1581 8

Winter /Spring Calendar 11

Copy Deadline for Summer/Fall Issue of *the Analyst*: May 15, 2011