

CMPS 2014 Annual Conference

by Amanda Harris



ON SATURDAY, DECEMBER 6th, The Center for Modern Psychoanalytic Studies held its annual conference at NYU's Rosenthal Pavilion. This year's topic **"The Layered Self: Linking Motivation and Intervention in Modern Analytic Technique"** was conceptualized in diverse ways by four speakers—all of them Modern Analysts: Ms Josie Oppenheim, Dr. Sara Sheftel, Dr. Barbara D'Amato, and Ms Faye Newsome. Dr. Lucy Holmes was the conference moderator. The speakers demonstrated the idea of a layered self that takes the form of a rich, interwoven, yet mutable psychic texture.

JOSIE OPPENHEIM, LP, NCPsyA was the first to speak. Her presentation, **"From Primitive Fears to the Safety of Metaphor"** put forward a new theory of human evolution with respect to the human ability to operationalize metaphoric thinking; she defined this capacity as being able to move between areas of experience and make connections between them. Her major emphasis (both in a case presentation dealing with the embodied nature of a patient's metaphorical psychic skin that blossomed into a theoretical explication, and in the theory itself) was on the fact that embodied metaphors precede linguistic ones. She referred to the first human metaphor as "silent." Oppenheim described what she called her "myth" of the first human metaphor: the first humans shed their fur, and infantile nursling eye-gazing replaced grasping—humanity moved from one realm of embodied experience to another. Oppenheim noted that "looking" is a proto-metaphor for "grasping."



Above left to right: Josie Oppenheim, Sara Sheftel and Lucy Holmes



Dr. Jack Kirman during morning Q. & A.

SARA SHEFTEL, PHD, LP followed with a talk entitled, **"Exclusive Possession."** Dr. Sheftel theorised that perhaps because of Freud's own awareness that no one could analyze him except himself, he left hints that he did in fact know about preoedipal life from an experiential perspective, as witnessed by his own denial and splitting in the face of his disappointed repetition of desiring exclusive possession over objects in his life. This seems to have stemmed, Sheftel considered, from being stuck in that longing space in relation to his own mother without a transitional object. While from an oedipal perspective splitting appears as a very literal disjunction in consciousness, from the perspective of a layered self it may represent the incursion of preoedipal perception into later phases of development.

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Graduation 2014: CMPS and NYGSP

by Jennifer Wade

FACULTY, GRADUATES AND GUESTS GATHERED on Tenth Street, Sunday, October 19, 2014, to honor graduates of the Center for Modern Psychoanalytic Studies and the New York Graduate School of Psychoanalysis. In her welcoming remarks, CMPS President. Dr. Mimi Crowell acknowledged the accomplishments of graduates, as well as the families that supported them through the challenging process of completing NYGSP's Masters Degree Program and CMPS's Certificate Program.

THE TRADITIONAL READING OF THE FINAL LOGS allowed graduates to share thoughts on their experience, just as they had done in the weekly logs written for most every class throughout their psychoanalytic education. Each log was a personal and unique reflection of the graduate's experience. The logs captured the difficult emotional processing that is at the heart of analytic training, the inevitability of love and hate in maturation and psychoanalysis, and the pleasure in learning so much from fellow students, faculty, and patients.

Dr. Nicole Kirman announced that **Norma Sachs-Kessler and Lisa Alvarez** were the joint winners of the *Phyllis W. Meadow Award for Excellence in a Final Research Project*. The *Rose F. McAloon Award for Excellence in a Master's Thesis* is shared by **Akiva Daube, Roni Ginach and Jamie Katz**.

The Certificate in Psychoanalysis was earned by **Tracy Morgan and Norma Sachs-Kessler**, class of 2013 **Lisa Alvarez, Juliane Maxwald-Schrey, Sam Schacht, Luther L. Turner, Jr., and Barbara Waitman** earned the Certificate in 2014.

Timothy Cahill, Leonardo Custidiano, Michelle Dwaileebe, Madeline Escobar, Amanda Kadaj, and Jamie Katz graduated with the Masters Degree in Psychoanalysis from BGSP class of 2013. The BGSP class of 2014 graduates are **Akiva Daube, Roni Ginach, Anna Carolina Melo, Margaret Irene Moor, and Elizabeth Schneider**.



Matthew Lipp, President of the CMPS Alumni Association and his committee hosted the day's festivities with a champagne and cheese reception following the graduation ceremony.

the Analyst

The Newsletter of the Society of Modern Psychoanalysts

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Afternoon Session



BARBARA D'AMATO, Psya.D, LP, presented the long-term case of Rico in a paper called **"Adolescence: A Battleground for Psychic Integration."** Initially, Dr. D'Amato saw the patient as his reading tutor when Rico was 10-years-old. Later, she worked with him for multiple stints therapeutically (she continues as his analyst today), once in an all-male family group. Dr. D'Amato tolerated Rico's many attempts to fracture the treatment as being hard-wired into his earliest need to feel connected, as well as to flee from connection. Ultimately, this was verbalized with increasing awareness in the transference. Dr. D'Amato watched Rico grow up and eventually attend medical school, where he became a psychiatrist. Along the way she made powerful emotional communications that encompassed her deep understanding of him, and on one occasion snapped him out of profound, archaic melancholy.



FAYE NEWSOME, MA, LP, spoke next, on the topic of **"Using our Unconscious to Make the Bad Object Transference Therapeutic."** Ms Newsome made the very important point that, "All feelings are good, they are what make us human." She continued, stating that feelings, "...have the potential for helping us arrive at instructions." In addition to helping the listener appreciate being the bad object, Ms Newsome helped us to think about how to work clinically with the bad object transference. She discussed Hyman Spotnitz's four needs that are known to interfere with countertransference, and added one of her own: "The need not to feel anxious." Ms Newsome also put forward four precepts that are helpful in dealing with the bad object transference. The last of these was letting the patient supervise the analysis. She pointed out that this engages the analysand's unconscious to create new meaning.

FOLLOWING THE MORNING TALKS there was a vibrant question and answer session. This took in, among other things, the notion of helping to intervene with patients whose metaphors are un-self-aware, Spotnitz's study of the anaclitic countertransference, and a rousing discussion of the history of training at the Center—especially with respect to Phyllis Meadow's emphasis on the drives as opposed to the conscious narrative of the object world. This last topic sparked a stimulating debate on the nature of what we mean when we talk about the drives, per se. These issues, those presented after the afternoon presentations and more, were discussed in the afternoon question and answer session and taken up further in the break-away discussion groups (workshops) that convened after the main event.



Audience members asked questions and made observations following the morning and afternoon Conference sessions.



Dr. Lucy Holmes, Conference moderator during Q & A sessions.

From Ms Oppenheim's conception of humanness being, in part, located in the motility of connective thought processes at an experiential level, to Dr. Sheftel's notion of Freud's insight into the preoedipal being specifically due to his awareness of his own preoedipality as it infused his life, through Dr. D'Amato's ability to present her use of containment and emotional communication bringing unmentalized experience to the foreground, to Ms Newsome's model of a clinical practice where new ideas are engendered through a trust in the patient's unconscious, each of the papers dynamically portrayed the unfolding relationship between the psychic strata that constitute the mind—including those that are in the realm of the future conditional tense—in other words, the realm of new ideas that have yet to be thought.

Some Remarks on the NAAP Conference “Shame, Guilt, and Prejudice: Emerging Possibilities”

by William J. Hurst, PhD, LP

This conference looked at “shame, guilt and prejudice” within a broad socio-historical context. Their political, cultural, and ethical dimensions were central rather than peripheral concerns. Not so much the individual subject of psychoanalysis, as traditionally conceived, but rather the society and culture, as transmitted through the generations were the “subject” to be considered. The place of art in this transmission and in the transcending of the given conditions of a society occupied a prominent place in the presentations.

THE MORNING PANEL addressed some ways in which the past, especially a traumatic past, can continue to appear in and to shape the present. Quite early on, psychoanalysis took on the character of a movement and not simply of a science discovered by Freud. It was a response to social-cultural, and politico-historical forces, and therefore from the beginning had features of a belief system. Its fragmentation since World War II into so many schools, sometimes disparate and contentious with respect to each other, challenging which one displays genuine lineage with Freud, is in part attributable to its character as a “movement” (**Arnold Richards**). This “movement” was subjected to more trauma, with the emergence of Nazism and its policies regarding racial purity, especially the policy of exterminating Jews, implemented in the Holocaust. Freud was condemned, as was the “Jewish” science he invented. While some German psychoanalysts remained and received Nazi approval, the diaspora of Jewish psychoanalysts went to other countries, including the U.S., which had dramatic effects on the history of psychoanalysis around the world, constituting in its spread a transmission not only of psychoanalysis of a particular kind, but also of the effects of the trauma that surrounded its birth and its maturity. Much of this history can be discovered in the various psychoanalytic movements that form Contemporary Psychoanalysis (**Emily Kuriloff**).

Living with shame, guilt and prejudice has been a legacy of Nazi Germany for Germans for the generations since the War. The German artist, **Josephine Meckseper**, focused in her work, and in her paper, on the presence of the Nazi past not only in the self-consciousness of Germans since the War, but also as carried in the art that remains from that time, and that continues to evoke some of the horrors of the past, horrors which are inescapable, but which can be given shape in the present, by way of artistic attempts to point to horrors of the more recent past that are perhaps more vividly present in our own world, in various manifestations of militarism, violence, and attempts of one people to exterminate others.

IN THE AFTERNOON PANEL there was a discussion of the effects of urban decay, in the case of Detroit, which is itself a living testament to violence and an ongoing “cause” of shame and guilt. The tasks in such circumstances seem overwhelming, and the causes of those circumstances seem irreparable. The point, I take it, is that we do not have to look to the remote past and neither should we focus narrowly in a perhaps traditional psychoanalytic way, on the guilt, shame and prejudice experienced by the individual. The issues are collective, i.e., social and cultural, as well as being political and historical, in the sense that they are transmitted across history from generation to generation, and serve in fact to define each generation as a kind of bottom line. (**Richard Raubolt**) ...continued on page 5



L-R Douglas F. Maxwell, NAAP President. Josephine Meckseper, Arnold Richards, Emily Kuriloff, Patricia Bratt, Conference Chair

NAAP Conference *continued*...

The conference avoided a downward spiral into hopelessness with a presentation by Chloe Piene, a New York artist, who discussed her own work focusing on the creative act, on its capacity to transcend the unspeakable, perhaps to traverse it in some way, and thereby to open a zone of human experience that is itself open to freedom and not condemned to the repetitions of the past. It can allow perhaps for the emergence of something genuinely novel in our world.



(L-R) Douglas F. Maxwell, NAAP President and Gradiwa Award winners: Roni Ginach, Lucille Spira, Arthur Lynch, Arlene Kramer Richards, Frank Summers, Alan Barnett, Frances Hatfield

At this point, enter Claude Barbre,

who provided a theoretical basis for some hope, by reflecting on some of Heidegger's remarks on a well known Heraclitean fragment: "The proper abode for humans is in the "unfamiliar." We encounter the unfamiliar, the uncanny, in many of the fissures that break up our experience. The past enters through these fissures, even as an old building down the road, encountered in his own childhood, was not simply dilapidated and to be avoided because of adult rules, but it also carried a past, discovered much later, that linked it with slavery, and with the keeping of slaves. It was a living testimony to the guilt, shame and prejudice of another time, but yet a time still present in the very structure itself, and in the experience of those who were attempting to seek it out, to explore it, perhaps to name it, and to respond thereby to something uncanny, indeed, unspeakable in their own experience.

This conference expanded the field of psychoanalytic work to the socio-cultural-politico-historical dimensions of human experience, in a way that was itself creative, challenging, and enriching, in the midst of a focus on some of the "hopeless" features of that experience. It was an intellectual and aesthetic achievement.

CMPS *Psychoanalysis and the Arts*: Forrest Bess: Art Sex and Madness

by Steven Poser



On Friday November 14, Dr. Steven Poser, CMPS faculty, presented a talk entitled, "**Art Sex, and Madness**," on the visionary artist Forrest Bess (1911-1977). Poser presented the life and work of this extraordinary artist, illustrated by photographs of the artist and his interviews with those who knew him, including the renowned art historian Meyer Schapiro. Bess was discovered by the pioneer art dealer and gallerist Betty Parsons and had six shows in her New York gallery from 1950 to 1967. During this time he also had two genital surgeries to transform himself into a hermaphrodite, which he believed to be the ideal state of sexual and psychic completeness and the key to immortality. He was diagnosed with paranoid schizophrenia, committed to a mental hospital and died several years later in Bay City, Texas, the town in which he was born.

Forrest Bess was an outsider in every way. Today, appreciation of his work has reached cult status, but he is not recognized as a member in the pantheon of important modern painters. Bess kept no company with other artists and lived his entire life in near-total isolation from the world of art galleries and museums. He never went to art school, never studied with or collaborated with any recognized painters. In his lifetime he was consistently dismissed or denigrated, except by a handful of dedicated supporters. His work is so strange as to be unclassifiable, despite the fact that his paintings were shown in the company of several artists who achieved widespread critical acclaim—Jackson Pollock and Mark Rothko among them.

His art was unique—a product of his life-long effort to comprehend the peculiarity of his own mind and the nature of his sexuality. Ultimately, it was a brave and sincere attempt to prove that he was not insane.

It's Happening in Vermont: Applying the Skills of Psychoanalysis

by Bonnie Irwin



The Vermont Society of Modern Psychoanalysts (VSMP) teamed up with *A Tempo Senior Move* to sponsor a weekly cable TV series, “**Emotions and the Aging Process**.” The series aired from September 15 through November 23, 2014, with public radio veteran **Naomi Arenberg** (at right) hosting. During each program, Naomi skillfully interviewed **Dr. Ron Ceppetelli**, (at left) social worker and psychoanalyst, recently graduated from the Boston Graduate School of Psychoanalysis. As Dr. Ceppetelli explained how he has used psychoanalytic principles in his work with caregivers, disabled adults, and the aged, the audience learned how psychoanalysis can be applied in health care situations. He

introduced the term “receptive listening” and demonstrated how using this technique can benefit each of these groups of people.

The series consists of ten, thirty-minute episodes exploring topics ranging from receptive listening to stress management among health care professionals and caregivers for the aged and chronically ill. The culmination of the series was a roundtable wrap-up, where members from the community told their stories, outlined actions that would be helpful for caregivers, and advocated for establishing a communal action plan for families, caregivers, and those who need care. “Emotions and the Aging Process” is available to Vermont cable TV stations on VMX and to stations in the other forty-nine states through the PEG national network. It can be viewed online at: WOA-TV.org. The program was produced by Alice Abraham, owner of *A Tempo Senior Move LLC*, an agency that assists seniors and their families with downsizing, moving, and modifying their homes.



The Psychic Soundtrack: BGSP & Vermont Society Workshop Review

by Kathleen Henneberry

On the beautiful autumn afternoon of Sunday, October 5th, a group of about fifty participants gathered in the Keenan Room at BGSP for the workshop entitled, “**Music Hath Charms: The Psychic Soundtrack**.” This event was co-sponsored by BGSP and the Vermont Society of Psychoanalysis, which had presented this program last Fall.



Ms. Elizabeth Dorsey, (at left) a senior faculty member and training and supervising analyst at BGSP, began the program by asking the question, “When did you first hear music?” A lively exchange followed, whereby people shared memories, associations and insights stirred up in response. Many of the responses involved stories about a beloved family member, a friend, or an event or time in life with significant emotional meaning and connection.

Guest speaker **Mr. Hugh Keelan** (above right) is the Music Director of the Windham Orchestra; he is also a co-creator of the opera Company PANOPERA, and a widely known and respected conductor, composer and pianist. Mr. Keelan played a familiar tune on the keyboard, in order to demonstrate that the ways in which we relate to a piece of music -- to the rhythms, scales, melodies and sounds -- is a very individual experience, and one which is greatly influenced by our preconceived notions about different types of music, our preferences, and previous involvement with music. Listeners responded by sharing their ideas and their experiences with different genres of music; their likes and dislikes, prejudices, and expectations and a full range of feelings... from disappointment to joyful surprise. Sometimes it is “just noise,” sometimes we try to stay at a concert but we have to leave because it is not what we wanted, expected, or hoped for; other times we feel more connected to someone through a shared musical experience; or a particular piece of music without any words conveys a depth of feeling that is unexpected; sometimes we remember a father singing his daughter to sleep, or we are reminded of a mother’s heartbeat.



ACAP Partners with BGSP: MA Psychoanalytic Counseling and MA Psychoanalysis

by Patricia Bratt

ACAP, the Academy of Clinical and Applied Psychoanalysis, and BGSP, the Boston Graduate School of Psychoanalysis, have partnered to create a branch campus of the Boston institute - **BGSP-NJ, which will offer two new graduate degrees.**

A ribbon-cutting ceremony (pictured below) to launch the innovative program, the only one of its kind in New Jersey, was held on November 5, 2014. Mayor Michael Rieber was on hand with mega-town scissors to make the official announcement. Licensed by the State of New Jersey, BGSP-NJ will offer two NEASC accredited graduate degrees in psychoanalysis, the Master of Arts in Psychoanalytic Counseling (MAPC) and the Master of Arts in Psychoanalysis (MAP) degrees beginning January 2015 at the ACAP site in Livingston, New Jersey.

The MAPC program will provide students with a comprehensive master's level training in mental health counseling with a specialization in psychoanalytic studies. The MAP program provides an understanding of how people develop, how they are motivated and how they interact with their environment. This specialized degree is particularly suited for anyone in education, health services, the clergy, human resources, literary studies, management and law enforcement who want to enhance competencies in dealing with everyday issues and explorations involved in their work.

ACAP was formed in 1980 to bring the Greater New Jersey-New York area an opportunity to learn contemporary clinical application, theory, methods of research and training in Modern Psychoanalysis. ACAP's Academic Programs include a nationally accredited, postgraduate Psychoanalytic Certificate Program, the Trauma and Resilience Studies Programs (TRS), and the One Year Program in Modern Psychoanalysis. With the addition of accredited master's degree programs, ACAP, under the auspices of BGSP as BGSP-NJ, becomes the destination for applied and clinical modern psychoanalytic training in New Jersey. For information about the programs see our websites: www.acapnj.org and www.bgsp.edu



Photo Front: Mayor Michael Rieber. **Left to right:** Connie Bareford, Loretta Calabrese, Susan Saunders, Rosemary McGee, Patricia Bratt, Vicki Semel, Mary Massaro, Annette Vaccaro, Karen Lazar, Amy Lipsey, Lori Feigenbaum, Moe Freedman

Continuing Education at BGSP

The Boston Graduate School of Psychoanalysis (BGSP) hosted another successful slate of Continuing Education events in the fall. Over 250 people attended seven different events in subjects ranging from music and relationships to current topics in psychoanalysis. The semester kicked off with, "Music Hath Charms: The Psychic Soundtrack" which engaged participants in a discussion that presented ideas and observations about the universal impact of music on people's lives. And, "Songs are Like Tattoos" examined feminist themes and the creative experiences on Joni Mitchell's 1971 album, *Blue*. This semester also included a three-part series entitled "Mating for Life: Principles for Forming and Maintaining a "Good-Enough" Relationship". In these seminars, attendees examined the complex and emotional realm of relationships – from meeting the right person to maintaining a lasting relationship to staying together long-term.

BGSP President Dr. Jane Snyder led the seminar "Action and Enactment in the Treatment", which used case material to examine current controversies in psychoanalysis regarding action and enactment and how a therapist can become aware of an enactment and use this knowledge to further the treatment.

The final workshop examined the phenomenon of "Reciprocal Resilience," that occurs when those who work with trauma victims, simply by listening to them in certain ways, may gain personal benefit. In addition to the special events, BGSP also continued "Making Sense of the Borderline Patient" with Thomas Twyman, Psy.D., a study group designed to explore and enhance the understanding of the psychodynamics of borderline patients.

CMPS presents *Psychoanalysis and the Arts*

"The Chairs"

by Sybil Schacht

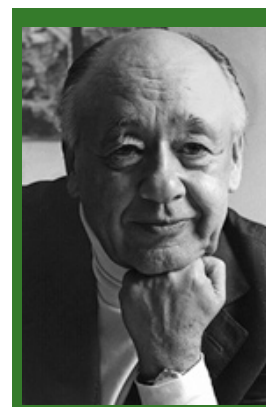
This Fall 2014, members of the CMPS community had the opportunity to see a version of Eugene Ionesco's great absurdist drama, "The Chairs." This play, part of the canon of the *Theatre of the Absurd*, was both funny and poignant. It illuminated for us the comic clichés and the loving achievement of a long, long married life as well as Ionesco's ongoing dialogue with death: the fear of death and the fear of living. The play addresses also the inadequacy of language and the human preoccupation with both "emptiness and too much presence".

This is the eighth year in which Sam Schacht has edited and directed these fine theatre pieces for CMPS. "The Chairs" was very warmly received and the actors, Rita Gardner and Kenneth Kimmins, were highly praised for their wonderful comic timing, and their interesting and moving embodiment of the Old Woman and the Old Man, married for 75 years. Both actors have had long and distinguished careers on Broadway and in all other media.

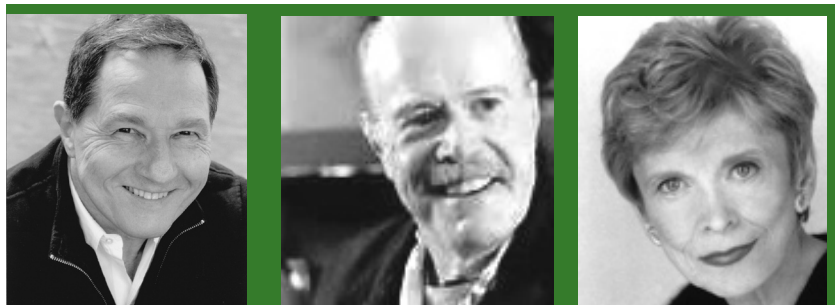
This play and many of the others which have been performed at CMPS, Beckett and Pinter, for example, have in common their inquiry into the nature of the human condition – the topic as well of psychoanalytic thinking and writing.

Ionesco appeared to believe that "modern man" is not tragic, but ridiculous, and that life is empty and absurd. But, somehow, this play had the effect of eliciting great respect for these valiant characters, the *Old Man* and *Old Woman*, and for the human condition.

Thank you to **Sam Schacht, Ken Kimmins, and Rita Gardner** (left to right) for a very stirring evening. We hope there will be more to come.



Eugene Ionesco



BGSP Launches Consortium for Psychoanalysis in Higher Education

by Paula Berman

BGSP is proud to announce the launching of the **Consortium for Psychoanalysis in Higher Education**. The inaugural meeting will take place on January 30, 2015 in Brookline, Massachusetts. The Consortium will bring together faculty members from New England colleges and universities to explore the needs and wants of students who express interest in psychoanalysis. Colleagues from Amherst College, Brandeis University, Boston College, Emmanuel College, Mount Holyoke College, Brown University, and Rhode Island School of Design, among others, will share challenges, concerns, and ideas about the role of psychoanalysis in higher education today. The inaugural meeting will be a forum to discuss the mission of the group and how group members might collaborate on common interests related to studying and working with "the unconscious." For more information, contact Dr. Carol Panetta at panettac@bgsp.edu.

CMPS Scientific Paper presentation

Siblings of Schizophrenics: *I Am My Brother's Keeper*

by Richard Sacks

ON THE EVENING OF December 17, 2014, before a capacity crowd, **Dr. Charlotte Melnik** (at right) presented the findings of her doctoral dissertation entitled **Siblings of Schizophrenics: Unconscious Processes**, as part of the Extension Division at the Center for Modern Psychoanalytic Studies. Her paper was entitled, "Siblings of Schizophrenics: I Am My Brother's Keeper." Dr. Melnik began her talk by explaining to the audience the format of her study. Her research focused on the adult siblings of schizophrenics and the unconscious internal reactions to having been raised in a family with a schizophrenic sibling. Although there had been several previous studies on the effect of schizophrenics on the family, only one had focused exclusively on siblings and the unconscious. Other studies focused on projective identification and survivor guilt. Melnik chose to do twenty live 90-minute interviews of the adult siblings. Being trained as a Modern Analyst, she emphasized that she studied her own countertransference responses as well as the symbolic communications of those being interviewed. Somatization was evident in her subjects as well as in herself.



There were a number of interesting observations that Melnik shared with the audience. Somatization, in the form of conversion symptoms, was evident in a majority of the siblings. Conscious guilt was expressed by most. Melnik explained that the siblings defended against their hostile feelings by using guilt as a defense. Few were able to express any hostility toward their schizophrenic brothers or sisters. Loss, grieving, and incomplete mourning were expressed in the anecdotal vignettes told by the siblings to Melnik. Another finding was the sibling's fear of becoming schizophrenic themselves. Melnik called it a "fear of madness".

As to the impact on the lives of these siblings, Melnik noted that the placement of the schizophrenic sibling in the family constellation was significant. Siblings who were older than their schizophrenic younger brothers and sisters fared much better in their personal lives and relationships than those who were younger than their schizophrenic siblings or close in age. Many suffered from serious somatizations and feared starting families of their own. Following this captivating and informative presentation, Dr. Melnik engaged the audience, which consisted of many mental health practitioners and the general public, in a lively question and answer period. The enthusiastic engagement of the audience was evidence that Melnik had successfully stimulated the hearts and minds of those present. She concluded her talk with a loving dedication. "I'm dedicating this talk to my brother, Robert, whose loving, kind, quirky, and creative self will always be close to my heart". A thoroughly successful evening!

SMP Analyst Winter/Spring 2015 Calendar

SATURDAYS, 9:30 – 11:00 AM: January 3, 17, 31;
February 14, 28; March 14, 28; April 11, 25

LICMPS: *Conversations With Schrodinger's Cat*: Life and Death in Art and Psychoanalysis: Discussion of chapters from Dr. Dan Gilhooley's book describing his work with his patient, Al, who is grieving the loss of his young son. At The Commack Consultation Center, 66 Harned Road, Commack NY. Fee: \$500. To register: call LICMPS: 631-670-6247 or licmps@optimum.net.

BGSP Informational Open Houses

Information sessions offer an introduction to BGSP's many programs. Learn about the BGSP experience, academic programs, modern psychoanalytic training, the admissions process, financial aid, and more. For information, contact admissions directly by e-mail at admissions@bgsp.edu or 617-277-3915.

Thursday, January 29, at 6:00 PM

Saturday, March 14, at 12:45 PM

Saturday, April 4, 12:45 PM

Saturday, May 9, 2:45 PM

Every 3rd Saturday, February 21-June 20: 10:30-Noon
**Five Seminars in Modern Psychoanalytic
Theory and Technique**

(LICMPS) Long Island Center for Modern Psychoanalysis: Steven Padnick, PhD. Seminars will be held at Commack Consultation Center, 66 Harned Road, Commack, NY. Fee: \$250. For information: please call 631-670-6247 or e-mail licmps@optimum.net.

ACAP and BGSP-NJ

Informational Open Houses

What Psychoanalytic Studies Can Do for You? Come to 301 South Livingston Avenue Livingston, NJ. Information about our new master's degrees and other ACAP programs at ACAP: 973-629-1001/events@acapnj.org.

Friday, February 13, 5:30 PM

Thursday, March 12, 1:00 PM

Friday, April 17, 5:30 PM

Thursday, May 15, 1:30 PM

Thursday, June 11, 5:30 PM

FRIDAY, MARCH 6, 7:30 - 9:30 PM

CMPS Extension Division Scientific paper:

Dr. Dan Gilhooley, *Drawing: A Study in Meaningful Coincidence*. CMPS, 16 W. 10th St., NYC. Information: 212-260-7050 • cmps@cmps.edu • www.cmps.edu.

Sunday, March 8, Noon–2:00 PM.

CMPS Extension Division Continuing Education Event: *"Modern Conflict Theory, Compromise Formation, Patients' Stories and Metaphors."* Dr Michael Porder. 2 APA CE credits awarded: Information/RSVP: CMPS: 212-260-7050/cmps@cmps.edu/www.cmps.edu

Saturday, March 14, 11:00 AM-12:30 PM

BGSP Continuing Education

Sherry Ceridan presents, *Harm Reduction, Abstinence and the Connection with an Addict/Alcoholic*. The questions and challenges of working with the client's resistance to treatment. No charge for students. For information contact BGSP.edu - 1.5 CE Credits offered.

Sunday, March 15, Noon – 2:00 PM

CMPS Open Seminars for Clinicians. *Everything You Wanted to Know About Modern Psychoanalysis*. Dr. Sara Sheftel will interview Dr. Theodore Laqueria in the Great Hall at CMPS. For more information: CMPS: 212-260-7050/ cmps@cmps.edu/www.cmps.edu

CMPS and NYGSP

Informational Open Houses

Join us for an informational session led by a faculty member about the programs of study offered at the Center for Modern Psychoanalytic Studies and the New York Graduate School of Psychoanalysis. Information/RSVP: 212-260-7050/cmp@cmps.edu. CMPS, 16 West 10th St., New York, NY

Tuesday, January 20, 1:30-2:30 PM

Tuesday, March 17, 5:30-6:30 PM

Tuesday, April 14, 1:30-2:30 PM

Tuesday, May 12 5:30-6:30 PM

Tuesday, June 9, 1:30-2:30 PM

Friday, March 27, 7:00-9:00 PM

BGSP Movie Discussion—*The Giver*

Emily Fox-Kales, PhD & William Sharp, Psy.D present, *The Giver*. Viewed as a commentary on totalitarianism, psychopharmacology, and/or the importance of history for personality. Come and discuss the movie as well as your take on the ending! **Please preview the movie in advance, as it is not shown at the event.** There is no charge. For more information contact BGSP.edu

SMP Analyst Winter/Spring 2015 Calendar

Please submit articles and Calendar dates for the Summer/Fall Analyst to
Charlotte Melnik at melnikcs@hotmail.com

Saturday, April 4, 10:00 AM to 12:00 PM

BGSP Continuing Education

"Moral Injury and the Long Journey Home from War."
Guests Speakers: Lieutenant Colonel Douglas A. Pryer, Jaine Darwin, Psy.D, Moderator: Stephen Soldz, PhD, Cert. Psya., faculty at BGSP. Presentations concerning the psychological suffering caused to soldiers and veterans by traumatic events that happen to soldiers, including post-traumatic stress disorder (PTSD). 2 CE Credits - There is no charge for students. For more information contact BGSP.edu

New Course: Six Thursdays:

April 9 through May 14 7:00-8:30 PM

CMPS Extension Division Continuing Education Series is offering a new course: "Modern Psychoanalytic Approaches to Understanding and Treating Addictive Disorders" with Raúl Plasencia and Julianne Maxwald-Schrey. \$200. 9 APA CE credits and 9 CASAC Ceus are awarded. CMPS, 16 West 10th St., New York, NY. For information or to register: CMPS: 212-260-7050, cmps@cmps.edu or www.cmps.edu.

Friday, April 10, 2015 1:30-3:00 PM

CMPS Extension Division Event – **Informational Lunch Seminar:** Raúl Plasencia and Tracy Morgan present, **Is Psychoanalysis for You?** Complementary lunch with RSVP. At the CMPS Great Hall, 16 West 10th St., New York, NY. For more information please contact CMPS: 212-260-7050; cmps@cmps.edu or www.cmps.edu.

Friday, April 10, 2015, 7:00 – 9:00 PM

BGSP Continuing Education

Gunta Kaza and Mara Wagner present, **Psychoanalysis Goes to Art and Design School!** Psychoanalytic methods and concepts used when working with art and design students at the Massachusetts College of Art and Design. Students, no charge. For more information please contact BGSP.edu

Friday, April 17, 2015, 7:30 – 9:30 PM

CMPS Extension Division – **Psychoanalysis and the Arts:** Dr. Sophia Richman, Ms Allison Faye, and Ms Patricia Llosa present, **Gallery Talk: Transformation of Trauma in Art.** To be held in the Great Hall at CMPS. For more information or contact CMPS 212-260-7050; cmps@cmps.edu or www.cmps.edu.

Tuesdays, May 5 and 12, 6:00-7:30 PM

BGSP Continuing Education

Marjorie A. Goodwin, Psya.D, PMHCNS-BC, MS, RN, and Christina Healy, RN, MA, Cert.Psya. and BGSP faculty present, **Senior Talks: Aging Well Workshops:** Explore the changing paradigm of aging, as well as coping with the aging process. The discussion includes developing strategies and making life choices toward a full life. No Charge. For information contact BGSP.edu

Saturday, May 9, 12:30-2:30 PM

BGSP Continuing Education

Working with Borderline Personality Disorder, Psychodynamic Treatment and DBT: Friends or Enemies? Case presentations compare/contrast these approaches to address clinical work with this challenging dynamic. Presenters: Leila Karam, MA, LMHC, LADC, William Sharp, Psya.D, Discussant: Jane Snyder, PhD, President of BGSP. 2 CE Credits are awarded; students no charge. For information contact BGSP.edu

Friday, May 15, 7:30 - 9:30 PM

CMPS Extension Division *Scientific Paper* presentation: Dr. Raúl Garcia presents: **An Evening with Alexander Pushkin's "Eugene Onegin."** At the CMPS Great Hall. For information or to RSVP please contact CMPS: 212-260-7050; cmps@cmps.edu or www.cmps.edu.

Saturday, May 30, 1:00 to 2:30 PM

BGSP Continuing Education

Karina Balkh, Psya.D presents, **The Immigrant Experience and the Development of a Bicultural Self.** Ms Balkh addresses the personal significance of leaving one's native country as an immigrant or refugee which can be a life-changing and traumatizing experience and may profoundly affect one's self-concept, identity and object relations. 1.5 CE Credits. There is no charge for students. For more information, BGSP.edu.

Times and dates TBA

LICMPS Clinical Supervision: Small Group Supervision E. Paula McNabb, LCSW-R, BCD: Dynamics and treatment of beginning and/or ongoing work of cases through the use of modern analytic techniques. 81 Wooleys Lane, Great Neck, NT. Fee: \$300. LICMPS: 631-670-6247 or email: licmps@optimum.net.

Celebrating 30 years: Brooklyn Seminars in Modern Psychoanalysis

by Ernest Brod

Brooklyn Seminars in Modern Psychoanalysis (BSMP) is celebrating its 30th year by paying tribute to its beginnings. In 1984, Ted Laquercia encouraged Carol Brod to launch a program to introduce the principles of Modern Psychoanalysis to the Brooklyn community. Later that year, he made the keynote presentation at a gala kick-off conference on the topic of "couples". On November 8, 2014, Laquercia highlighted BSMP's 30th year program with a talk on "Couples—The Path To Longevity." In his reprise of the topic, Laquercia emphasized the difference between needs and wants, with occasional commentary from his wife, Carole. Following the talk, we broke into small workshops, the most popular of which was entitled, "Life As A Couple is Not For Sissies."

In between Ted's 30-years-apart presentations about couples, a remarkable story was being told. Over the decades, some 3,000 attendees—from the lay population as well as professionals—have benefited from BSMP's programs. Outside the traditional settings of an analyst's office or an analytic institute, they have been exposed to many concepts and techniques of Modern Psychoanalysis. It has been a remarkable experience for the BSMP leadership group. After Carol Brod's untimely death in 2000, Ernie Brod became Director, with the continuing support of CMPS graduates—Michaela Schaeffer and Elliott Schuman—who were present at the organization's birth. Now they are joined by Ioanis Papavasilliu (another CMPS graduate), Phillip Katz, Camille Nicastro, Eileen Klein and John Sweeney. While Michaela, Elliott and Ernie are frequent introducers of the programs, all serve as leaders of the small-group workshops, which are run like analytic groups. Over the years, more than a dozen training analysts and CMPS graduates have acquired experience in running groups.

At the first BSMP event, in Carol Brod's kitchen, Schaeffer led a discussion about oral stimulation, while baking lasagna for attendees. Dr. Schaeffer has prepared five delicious dishes for every BSMP brunch for 19 years *without repeating a recipe!*

the Analyst

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