# the Analyst

The Newsletter of the Society of Modern Psychoanalysts

# BGSP's 40th Anniversary Gala and 2013 Graduation

by Russell Lowe

he Boston Graduate School (BGSP) held it's 40th anniversary Gala and 2013 Graduation ceremony 2013, on Monday, October 7th at Boston's Copley Plaza. Twenty-

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one graduates from all programs were awarded degrees in recognition of their academic achievement. Drs. Jane Snyder, Ted Laquercia, Lynn Perlman and Ms Beth Dorsey awarded the graduates their diplomas. BGSP 2013 Graduates are: **Doctor of Psychoanalysis in Psychoanalysis and Culture:** Daniel De Lima, Matthew Madonna, Bashiran Zaman.



Doctor of Psychoanalysis: Joon Ho Lee, Anthony D'Uva, Orna Shachar, Karina Balkh, Gabriele Chorney, Charlotte Melnik and Russell Lowe. Master of Arts in Psychoanalytic Counseling: Diane Giannino, Jonathan Assouline, Michael Birnkrant, Attila Hochfelner, Saeide Kaivani, Shalesa Maxwell, Alicia Racine, Tsai-Yeh Hsieh, Anastasia Doulamis. Master of Arts in Psychoanalysis: Bonnie Irwin, and Hannah Weisser.

SPECIAL GUESTS were honored at the Gala celebration for their contribution to modern psychoanalysis and BGSP. Dr. Jane Snyder, President of BGSP, presented the awards to Dr. June Bernstein, Dr. Mimi Crowell, Ms. Tayloe Denton, Dr. Gala Finkielsztein, Mrs. Selma Keenen, Dr. Evelyn Liegner, Dr. Dena Reed, and Mrs. Sarah Segall.

HOSTED BY Dr. Snyder (above), Gala attendees were treated to an evening of entertainment and celebration recognizing the accomplishments of significant characters and events in the school's history by way of verbal testimony and a poignant media presentation created and presented by Dr. Ted Laquercia.

TO THE SURPRISE AND DELIGHT of all, a "Flash Mob" appeared, (right) seemingly from nowhere, in all corners of the dining room, moving to the stage while dancing to the tune of "Home" by Phillip Phillip as adapted for this event by Dr. Patricia Hugenberger with production and vocals lovingly and painstakingly provided by Michael Birnkrant, graduate of the Psychoanalytic counseling program. ...continued on page 3





# SMP trip to Russia, May 16-25, 2014, honors Evelyn Leigner

This May, SMP travels to St. Petersberg and Moscow, continuing our tradition of professional and pleasure tours to many countries in



the world. The trip is particularly special as we will be there when **Dr. Evelyn Liegner** is to be honored for her work in psychoanalysis and we will also commemorate the Russian publication of her book *The Hate that Cures.* We will see Russian colleagues who, since the collapse of the Soviet Union, have reestablished a vibrant analytic movement that now includes a Modern Psychoanalytic element. It will be an exciting and educational event. Details at **smpusa.org**.

# Massachusetts Legislature Public Hearing Date Set — By Carol Panetta

A PUBLIC HEARING is set for February 4th in the Massachusetts Legislature regarding House Bill 236—An Act for Consumer Protection and Regulation in Psychotherapy. BGSP supports HB 236 as it proposes to license independent psychoanalysts and independent psychoanalytic psychotherapists.

The hearing will be held in front of the Joint Committee on Consumer Protection and Professional Regulation, which will consider both HB

236 and HB 3466 — an Act to Protect Psychotherapy Patients. The latter bill, HB 3466, threatens unlicensed psychoanalysts by limiting those who can claim to conduct psychotherapy to the currently licensed professions. BGSP opposes HB 3466.

HB 236 is an extremely well crafted piece of compromise legislation that will protect consumers of psychotherapy within the existing structures of the Boards of Registration. We urge you to support its passage.

A fact sheet on the legislation is available at BGSP or online: http://bgsp.edu/news\_events.html. If you have questions, do not hesitate to call me: 617.277.3915 or stop by the office Mondays, Tuesdays, Thursdays or Fridays. Dr. Snyder also has an office hour on Fridays, 1:00-2:00 pm and is happy to discuss the legislation.

# BGSP Welcomes First Class of Accelerated Doctorate Program

IN SEPTEMBER 2013, the Boston Graduate School of Psychoanalysis successfully launched its Accelerated Doctorate of Psychoanalysis Program with a class of six certified psychoanalysts coming from New York, New Jersey, and as far away as Michigan. The students are engaged in advanced coursework in comparative clinical theory and contemporary issues in psychoanalysis, and are in the process of designing an original doctoral research project.

Created specifically for certified psychoanalysts interested in earning a doctorate in the field, the program can be completed over a two year period, one day per week, every other week at the School's Boston campus. This schedule allows for the students to continue their psychoanalytic practice while enrolled in the program.

For information about this program contact: Coordinator, Stephanie Woolbert, at woolberts@bgsp.edu or by calling 617.277.3915.

theAnalyst

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#### BGSP's 40th Anniversary Gala and 2013 Graduation ... continued from pg. 1

aving been delayed since April by the horrific events surrounding the Boston Marathon terrorist bombings and the subsequent citywide lockdown, there was a sense of fulfillment in this Gala celebration that extended beyond the events of the evening.



#### PHOTOS:

At left: Karina Balkh at the podium after receiving her PsyaD certificate.

At right, l-r: Carole and Dr. Ted Laquercia, Susan Antonicelli and Thomas Laquercia.

giving special award to Dr. June Bernstein for her contributions to Modern Psychoanalysis and BGSP. At right: Gathering around the auction table.

Below left: Dr. Jane Snyder







## **BGSP Hosts: Working with the Negative Transference**

ON FRIDAY EVENING, NOVEMBER 8th, 2013, the Keenan room at BGSP was filled with people who came to hear Dr. Jane Snyder, BGSP President and supervising and training analyst, speak on working with the negative transference. Dr. Snyder highlighted how Modern analysts, beginning with Hyman Spotnitz, have found that allowing the development and full expression of the negative transference is a challenging and important stage in the treatment of narcissistic and other disorders. The process of resolving early issues and destructive patterns by successfully dealing with the negative transference, she pointed out, can then lead to more constructive emotional functioning. Snyder presented a variety of case examples which demonstrated this process in action. The audience responded with questions and comments about their own cases, reflecting a central theme of the seminar: how to accept a patient's negative communications, and how to manage one's own resistance in order to work therapeutically.

The excellent turnout for this seminar reflects therapists' strong interest in learning more about dealing with negativity in both the transference and the countertransference and underscores the contribution Modern Psychoanalysis can make in this important aspect of training and consultation.

# **CMPS Annual Conference:** Revisits the Repetition Compulsion

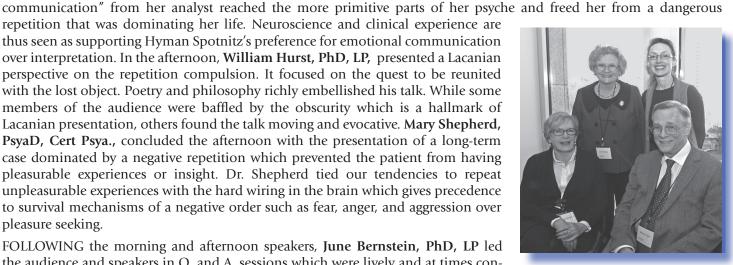
his year's CMPS Annual Conference held on Saturday, December 7th, 2014 at NYU, focused on the repetition compulsion and was one of the most exciting and well attended ever. Three modern analysts were joined by the famous neuropsychoanalyst Maggie Zellner, PhD, LP. Dr. Zellner gave a talk which was clear, amusing, and charming. She illuminated what goes on in the brain when we are doing whatever we are doing and

how brain circuitry favors the contributions of the lower brain over the more evolved parts, thus accounting for our tendencies to behave with less influence from the "reasonable" cerebellum than from more primitive parts. Lucy Holmes, PhD, LP followed with an illustration of how an "emotional

repetition that was dominating her life. Neuroscience and clinical experience are thus seen as supporting Hyman Spotnitz's preference for emotional communication over interpretation. In the afternoon, William Hurst, PhD, LP, presented a Lacanian perspective on the repetition compulsion. It focused on the quest to be reunited with the lost object. Poetry and philosophy richly embellished his talk. While some members of the audience were baffled by the obscurity which is a hallmark of Lacanian presentation, others found the talk moving and evocative. Mary Shepherd, PsyaD, Cert Psya., concluded the afternoon with the presentation of a long-term case dominated by a negative repetition which prevented the patient from having pleasurable experiences or insight. Dr. Shepherd tied our tendencies to repeat unpleasurable experiences with the hard wiring in the brain which gives precedence to survival mechanisms of a negative order such as fear, anger, and aggression over pleasure seeking.

FOLLOWING the morning and afternoon speakers, June Bernstein, PhD, LP led the audience and speakers in Q. and A. sessions which were lively and at times confrontational. Then smaller workshop groups were formed in which members of the audience had more time to express their comments and reactions.





L-r: top: Lucy Holmes, Maggie Zellner; bottom: Mary Shepherd, William Hurst



#### **CMPS Art Show**

By Lynne Laub, Steven Poser, Ron Lieber



The opening of the CMPS Art Show on Oct. 20th was a smashing success. An array of paintings, photographs and sculptures filled the walls when the doors opened at 1:00 PM and a flood of people, waiting to enter, filled the room. The crowds continued until 4:00 PM when Steven Poser and Lynne Laub had to flash the lights to signal the end. Delicious food and wine was an attraction as well, so many senses were gratified. The exhibition is comprised of more than 50 works in a wide range of media produced by several members of the CMPS faculty, students, family and friends, as well as faculty and affiliates of other psychoanalytic institutes in New York. Steven Poser installed the show with the assistance of artist Greg Hilton, who has worked with the Art Committee in past years to make a beautiful arrangement and hanging of the work. Kabir de Leeuw was instrumental in coordinating all the digital submissions and helped to create a lovely catalogue, which accompanied the exhibition and was instrumental in making several sales on the day of the opening.

# CMPS Faculty Development Series: Larry Brown on Bion

by Josie Oppenheim

ATURDAY, OCTOBER 26th, the CMPS faculty held the first event of its Faculty Development series. Larry Brown spoke to the faculty about his understanding of Wilfred Bion. Dr. Brown is a graduate of the Boston Psychoanalytic Institute, author of several published papers on the Oedipus complex, trauma, countertransference dreams, and other topics. He is currently a member of the editorial board of the *Psychoanalytic Quarterly* and has co-chaired conferences on Bion in Boston and Marrakech and in 2011 wrote "Intersubjective Processes and the Unconscious: An Integration of Freudian, Kleinian and Bionian Perspectives."

Dr. Brown first sent us all two papers. The first, a short piece by Bion, "On Arrogance," the other, a remarkable paper by Brown on, Bion's discovery of alpha function: "Thinking under fire on the battlefield and in the consulting room," synthesizing some of Bion's dramatic life events with his very original theoretical contributions. In particular Brown drew connections between Bion's war experiences and his ideas about containment. He also explored Bion's relationship with his second wife, whom it would seem was an extraordinary woman, able to hear Bion's catastrophic war stories and to somehow create in Bion the sense that it must be the mother's task to contain the infant's "beta elements" (undigested experience), digest them and return them to the child as understood, modified, and contained experience.

Brown was generous in his explications of how he worked within a Bionian paradigm. He is a direct psychoanalytic descendant of Bion through James Grotstein, which is exciting in itself. He told us a vignette of a child patient who tried to enlist the analyst in a play-acting game of murder, specifically the murder of women. Brown described his resistance to joining the child in this particular play, feeling he needed to help the child have a moral or empathic feeling for the intended victims. The child prevailed however, and Brown understood that to play within the child's fantasy was what was needed and the analyst's resistance was related to his own conflicts and impulses with respect to such a fantasy. This session was a turning point in the analysis. A discussion ensued as we attempted to understand the child's needs from various angles. As a group, it seemed, we tended to value the struggle and interaction between analyst and patient in equal measure with the resolution itself. The afternoon session was equally stimulating. Brown's paper and his presentation of his use of Bion's ideas in the clinical situation was an inspiring beginning for the Faculty Development Series.

#### CMPS/NYGSP Student Association: Tracy Morgan's Interview with Lew Aron and Karen Starr

by Jamie Katz

N NOVEMBER 22nd, the CMPS Great Hall at CMPS was filled to capacity to watch Tracy Morgan live-record an Internet podcast episode of her Gradiva awardwinning show, New Books in Psychoanalysis. The "new book" was Lew Aron and Karen Starr's A Psychotherapy for the People. Drs. Aron and Starr are (among their many other positions and accolades) the director and a faculty member of NYU's post-doctoral psychoanalysis program. Drs. Aron and Starr took turns fielding questions from Ms Morgan: they explained their historical account of the origins of psychoanalysis—borrowing heavily, they said, from academic feminist theory—whereby a defensive split between "care" and "treatment" created and reinforced the seemingly unbridgeable gaps between opposing aspects of our professional and ideological fields, including psychoanalysis and psychotherapy. "Treatment" is the scientific, aloof, masculine, phallic model, which can be seen as a sort of compensation for the ubiquitous antisemitism that the early and later founders faced, and the traumas brought on by that. "Care" was the relationship provided before the invention of modern doctors, and continually split off and marginalized into the "care" professions (often almost exclusively represented by women), along with psychotherapy. Drs. Aron and Starr argued not so much to eliminate these categories, but to modulate their relationships to each other—instead of binary opposites, they can be seen to represent the poles of a rich, diverse, and infinitely complex field of inevitably interrelating possibilities.

Lew Aron rousingly concluded that the "fighting" among schools of thought (in evidence on this night) was good: to hone our ideas by responding to challenges, to respect differences by not demanding that all ideas accord with one another, and to have fun. But all psychoanalytic training, he said, involves the difficult task of learning to really listen. For this he received a lot of spontaneous applause.

### NAAP Annual Conference: Saturday, October 26, 2014

Violence and its Denial: Social and Clinical Consequences

by Mary Massaro

his year's NAAP Conference, was entitled, "Violence and its Denial: Social and Clinical Consequences." Patricia Bratt opened the day reflecting on the violence of 9-11, noting that old memories were stimulated with the conference site in close proximity to ground-zero. Doug Maxell said there is a social imperative to take action in the community with respect to violence, citing twelve mass murders in this country within 13 months. In morning and afternoon panels, papers, art work, videos and discussions provocatively depicted violence and denial, while also a sense of hope for the future.

Panelist Mr. Hank Willis Thomas shared his personal and touching artistic work Winter in America, an interpretive re-telling of the senseless murder of young Songha Willis, the artist's cousin, who was robbed and murdered outside a nightclub in Philadelphia in 2000. He grapples with the issues of grief, black-on-black violence in America and the ways in which corporate culture is complicit in the crises of black male identity. Panelist Ghislaine Boulanger described numerous ways in which politicians, government agencies, the media, and mental health professionals seek to, and often succeed in denying, the long term psychological costs of violence. She emphasized the clinical significance of listening to patients who have experienced the catastrophic loss of psychic cohesiveness, emphasizing the courage it takes to do so. Joseph Cambrey presented on children of immigrants, community poverty, and racism, dealing with natural disasters such as the earthquake in China and the set of disasters around the more recent earthquake in Japan. As IAAP president he helped direct fund-raising for these projects within our community, and in two other projects: work with displaced children in Columbia through use of sand play, and a set of neuroscience studies (fMRI) on trauma patients.

After The Gradiva Award luncheon, afternoon panelist Donna Bassin presented her feature length documentary, *Leave No Soldier*, that depicts war's effects on returning soldiers. Bassin commented, "As midwife to *Leave No Soldier*, I have come to know a great deal both about the struggle of many of our returning soldiers, and their extraordinary courage in dealing with the painful aftermath of war..." Panelist and artist Jane R. Hammond, conceived of her work through a dream in which she was walking through a grove of trees and as the leaves fell from the trees, she saw that each was printed with the name of an American soldier. Each unique handmade leaf is inscribed by the artist with the name of a U.S. soldier killed in Iraq. Stephen Soldz, BGSP faculty member and former President of Psychologists for Social Responsibility, concluded the conference with a discussion of the social and psychodynamic mechanisms which allow influential individuals in organizations colluding in social violence by failing to ask the hard questions about their organizations. The day ended with a reception of great food as and great camaraderie. It was good to reconnect and share in a most emotional day.

## ACAP Holiday Jazz and 6x6 Art Exhibit

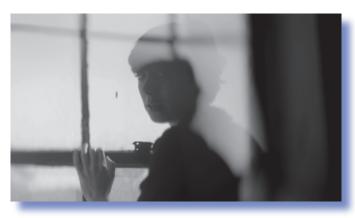
n Sunday afternoon, December 8th, ACAP transformed into a Jazz Club for the holiday party. With a delicious variety of food and drink, faculty, students, and guests were entertained by an energetic New Jersey trio of jazz musicians; Rob Silver on guitar, Matthew Schneider on bass and Christian Finger on drums. Few could resist the pull of the music! Toes were tapping and bodies were swaying. It was a great afternoon of jazz.

A spectacular addition to the day's event was the "6x6 Art Exhibit" which displayed the creative energies of many in the ACAP community. Professionals as well as first-time artists contributed to create one large piece. The 6x6 squares were designed to reflect the system of the unconscious. Rather than presenting in a logical and linear order, the unconscious follows associative patterns. Looking somewhat disordered and random at first, the display flows according to the elements and principles of art such as color, texture, and use of line and space. Although series of works were dispersed throughout the piece, the mind can easily pick up on the elements and principles of art that communicate a consistent message to the viewer and make connections from the past and into the future to tell a story. Held in conjunction with the ACAP Holiday Jazz Party, the exhibit continued through the following week.

# In So Many Words: A Documentary about the Power of Psychoanalysis

by Barbara D'Amato

ON OCTOBER 18th Lucy Daniels brought her 2013 film, *In So Many Words*, and her passion for psychoanalysis to CMPS' Friday Night Extension Division Series. The film has been categorized by the Southern Documentary Fund as an "experimental hybrid documentary" that chronicles Dr. Daniels' life, institutionalization, and recovery from anorexia nervosa through the healing powers of psychoanalysis. Beautifully



filmed by Elisabeth Haviland James with dream-like sequences juxtaposed with current day interviews and recreated portrayals of the young Daniels, the audience travels with her through time. One of four daughters to a powerful Durham newspaper magnate, Daniels recounts a lonely and isolated life that culminated in hospitalization, shock treatments and tube feedings that nearly killed her. The mental health system and practitioners of the 1950's are documented as ignorant and subsequently cruel in their approach to her eating disorder.

DANIELS WROTE CONSISTENTLY during her hospitalization. Upon her release, and with unexpected encouragement from her father, she published *Caleb My Son*, that brought her instantaneous fame; her career as a serious and prolific writer began. She became the youngest Guggenheim fellow at age 22, giving her the opportunity to write her next novel about life in the mental hospital, *High on a Hill*. Yet knowing she was not fully recovered from her earlier illness, Daniels sought psychoanalysis and embarked upon a nearly 30-year analysis with a man whom she credits for saving her life. Wanting to help others while knowing she needed time to continue to write, she studied as a psychologist and has a practice today that specializes in treating creative people who are emotionally blocked. Her foundation has helped many artists and children gain access to treatment. Her latest publication, *Walking with Moonshine* (2013), is a collection of stories of her early life struggles and the critical journey to find her own voice.

AFTER THE FILM Daniels answered audience questions with her exceptional charm and wit. It was my distinct privilege and pleasure to meet Lucy Daniels. If you missed the event, don't worry, her film will be in distribution soon.

## Write to Heal: ACAP Expressive Writing Group

by Nancy Gerber



THIS FALL, in conjunction with the Trauma and Resilience Studies program, ACAP sponsored "Write to Heal," an expressive writing group that met for five sessions. The group was facilitated by Nancy Gerber, PhD, an ACAP advanced clinical candidate who holds a doctorate in English from Rutgers University. Expressive writing offers powerful opportunities to re-integrate a fragmented sense of self. It emphasizes spontaneity, emotional authenticity, and liberation from "the inner critic" with a goal of enabling participants to find their genuine, creative voice, often silenced by years of insensitive or critical interactions. "Writing to Heal"

sessions began with a five-minute writing exercise, in which participants recorded their thoughts and ideas, without regard to the strictures of spelling, grammar, or even punctuation. The liberation provided by this exercise often produces compelling images and metaphors. Writers then read their work aloud. Their writings were heard and appreciated but not commented upon to preserve the safety needed to do this kind of imaginative work.

AFTER THE FREE WRITING, participants were given a prompt and 15 minutes to write a response. Prompts included the story of one's name; scars both visible and invisible; a question not asked to a grandparent or significant other. Writers were encouraged to read their work aloud (though reading aloud was always optional) and received feedback from the group. Participants were encouraged to respond to what they found interesting and memorable.

IN FIVE SHORT WEEKS, group members formed bonds with one another, received support for their writing, and expressed a desire for the group to continue. The overwhelmingly positive response confirms our hypothesis that writing about painful, traumatic experiences is a therapeutic tool that fosters resilience.

# VSMP Salon: The Appeal of Music and the Human Psyche

by Bonnie Irwin

usic is an important part of psychic, cultural and political life. Its ability to resonate with our deepest longings and most powerful impulses is impressive and, at times, surprising! In November, the Vermont Society of Modern Psychoanalysis (VSMP) offered the Brattleboro community an afternoon of professional development, social interaction, and thoughtful discussion. But this VSMP salon had an unusual twist—it brought together Elizabeth Dorsey, senior faculty, training and supervising analyst at the Boston Graduate School of Psychoanalysis and Hugh Keelan, the Music Director of the Windham Orchestra!

You might ask what they have in common and what they could bring to the psychoanalytic community. Both have a love of the arts and both have an understanding of the human mind. Ms. Dorsey (on left) offered her insights into the appeal of

music and its impact on the human psyche. She explored the concept that music resonates with the unconscious. Mr. Keelan (on right) demonstrated the effect of music on mood to highlight Ms. Dorsey's and his own ideas about music and mood.

Music has charms to sooth a savage breast,
To soften rocks, or bend a knotted oak.
I've read, that things inanimate have moved,
And, as with living souls, have been informed
By magic numbers and persuasive sound.

— "The Mourning Bride" Act 1, Scene 1, William Congreve (1697)—



#### **BGSP** Awards and Publications

Congratulations to Member Institutes, Faculty and Students

#### **BGSP NAAP Gradiva Award Winners**

BGSP faculty, **Dr. Mary Shepherd** and alumna, **Dr. Gohar Homayounpour** were honored with the Gradiva Award at the National Association for the Advancement of Psychoanalysis (NAAP) Annual Conference, October 26, 2013. The Gradiva Awards, inspired by Sigmund Freud's essay, "Delusions and Dreams in Jensen's Gradiva," are awarded to those whose who have created works that advance psychoanalysis.

**Dr. Shepherd** was selected for her published article, "Speaking the never spoken: The challenge of id analysis" which addresses the challenges of bringing preverbal experience to language.

**Dr. Homayounpour**, was selected for her book, *Doing Psychoanalysis in Tehran*, which tells the story of her return to Tehran as a Western-trained psychoanalyst to set up a psychoanalytic practice, after being out of the country for twenty years.

#### BGSP Annual Faculty Writing Stipend Awards

Dr. Jane Snyder, on behalf of the BGSP Writing Awards Committee, announced the 2013-2014 recipients of the BGSP Annual Faculty Writing Stipend Awards. Awards are based on proposals to support the development of papers in process into published manuscripts. Each faculty member receives an award of \$750, half to be received upon acceptance of the paper for publication. This year's recipients are: Ms. Virginia Elliot for her paper on "Ethical Issues and Confidentiality in Treating Children," Dr. Lynn Perlman for her paper on "Impulse and Inhibition in Breastfeeding," and Dr. Barry Waterson for his paper on "Treating Affect Regulatory Disorders in Public Schools." BGSP doctoral student, Dr. R. Danielle Egan, has just been published in the Huffington Post online! Her featured article discusses the bullying incident in the Miami Dolphins locker room that has garnered national media attention. Read her post at www.bgsp.edu.

**Publication: Dr. William Sharp's** paper, "Sticks and Stones May Break My Bones, But What About Words?" will be published in this fall's issue of the *International Journal of Group Psychotherapy*. Dr. Sharp is a BGSP graduate and is the recipient of BGSP's 2012-2013 Annual Faculty Writing Stipend Awards.

#### Everything You Ever Wanted to Know About Modern Psychoanalysis

### — A series of conversations with distinguished leaders in the field —

by Lexa Rosean

UNDAY September 29th in the Great Hall at CMPS, the CMPS Extension Division presented the first in its series, "Everything You Ever Wanted to Know about Modern Psychoanalysis." Dr. Sara Sheftel, series moderator, introduced the inaugural speaker, Evelyn Liegner, PhD, LP. Dr. Liegner is a CMPS founder, former Director of Admissions, who worked in analysis and supervision for many years with Dr. Hyman Spotnitz and collaborated with Dr. Phyllis W. Meadow in the establishment and development of the Center. The talk was an opportunity for students and guests to learn the history of Modern Psychoanalysis. The room was hushed as Dr. Liegner produced old notebooks with her supervision notes from Spotnitz and read them aloud to the crowd. She brought Spotnitz and the feeling of sitting in the room with him in supervision alive.



Dr. Evelyn Liegner

At the end of the lecture, Dr. Liegner shared the manifest content of a dream she had the night before the lecture and asked audience members to interpret it. Revealed was

a magnificent fusion of both the life and the death drive along with intuitive insights given by Dr. Liegner on both the subjective and objective countertransference of those who spoke up to interpret. It was an intimate moment and a rare opportunity to learn from one of the founders of the Center.

# Those present could feel the energy, excitement, and great effort of the Center's birth...

AT THE SECOND EVENT in the series held on Sunday, November 10th, Dr. Sheftel introduced CMPS President, Dr. Mimi Crowell, and Ms. Faye Newsome, Chair of the CMPS Board of Trustees, who shared their experiences of being mentored and supervised by Dr. Phyllis W. Meadow and Dr. Hyman Spotnitz. Dr. Crowell spoke humorously about growing up in Missouri, where no one ever talked about psychoanalysis and "people would have thought you were crazy if you went to one." (a psychoanalyst) After moving to



Above: left to right Mimi Crowell, Faye Newsome, with series moderator Sara Shetfel

New York City, she began her own analysis and described her experience of training to be an analyst. She was very young and just kind of got thrown into it. Ms. Newsome described the original room across the street from the Center where classes, referral service, and offices were all crammed into one room. Stories were told of how the building was acquired and how CMPS came into existence. In their presentation and conversation with the audience, Ms. Newsome, Dr. Crowell, and Dr. Sheftel transported all back to the early days of CMPS as they shared memories of Spotnitz and Meadow. Audience members also chimed in to fill in the gaps of stories. Those present could feel the energy, excitement, and great effort of the Center's birth and also understand the powerful transference that fuels them to continue to uphold and develop the tradition of excellence in training established by the founders.



# SMP Winter/Spring 2014 Calendar of Events

#### Friday, February 14, 2014: 1:00 PM

BGSP Informational Open House offers a valuable introduction to BGSP's academic programs, modern psychoanalytic training, the admissions process, financial aid, and much more. Open houses take place at BGSP, 1581 Beacon St., Brookline. MA 02446. To register, please fill out our Registration Form at: <a href="http://bgsp.edu/openhouse\_registration.html">http://bgsp.edu/openhouse\_registration.html</a> or call Letisha Brown: 617.277.3915.

#### Friday, February 21. 2014

ACAP Winter Applied Division Events: PTSD: Recognition and Recovery, presenter: Judy Ashworth. These events offer CE hours, as well as spirited and informative discussions. For registration/information call Lori Feigenbaum: 973.629.1002 or email: events@acapnj. ACAP, 310 South Livingston Avenue, Livingston. NJ 07039.

Tuesday. March 4th. 2014 5:30-6:30 PM

CMPS & NYGSP Open House - Join us for an informational session led by a faculty member and student, to learn about the programs of study offered at the Center for Modern Psychoanalytic Studies (CMPS) and the New York Graduate School of Psychoanalysis. (NYGSP.) CMPS. 16 W. 10th Street. NYC 10011. Information /rsvp: 212.260.7050 • cmps@cmps.edu • www.cmps.edu.

Friday. March 7th. 2014. 7:30-9:30 PM

CMPS Extension Division: Jasmine Bey Cowin, PhD, will present: *Don Giovanni or the Penis in Unrest:* A Multi-media Opera Lecture. Information/rsvp: CMPS: 212.260.7050 • cmps@cmps.edu • www.cmps.edu.

#### Saturday. March 8th. 2014. 1:00 PM

BGSP Informational Open House: a valuable introduction to BGSP's academic programs, modern psychoanalytic training, the admissions process, financial aid, and much more. Please fill out registration form at http://bgsp.edu/openhouse\_registration.html or call 617.277.3915.

Saturday. March 8th. 2014 2:00-3:30 PM

BGSP Continuing Education Event: Faye Newsome, Cert. Psya, Stephen Soldz, PhD present: *The Complexities of Countertransference: Some Clinical, Organizational, and Research Perspectives.* Information: continuinged@bgsp. edu or 617.277.3915. BGSP

Saturday. March 15th. 2014 1:00-2:30 PM

BGSP Continuing Education Event: Patricia Hugenberger, PsyaD, Sherry Ceridan, PsyaD present: *Breaking Bad: Life, Death, Addiction and the Power of Drives.* Information: continuinged@bgsp.edu or 617.277.3915. BGSP

Sunday. March 16th. 2014 1:00-3:00 PM

ACAP Winter Applied Division Events - Where's My Sanity: Stories that Can Help. Presenter: Claudia Luiz. These events offer CE hours, and spirited and informative discussions. Registration/information call Lori Feigenbaum: 973.629.1002 • events@acapnj.org. ACAP

Thursday. March 27th. 2014 7:30-9:00 PM

BGSP Continuing Education Event: Thomas Twyman, PsyaD presents: Study Group: *Making Sense of the Borderline Patient*. Introductory Meeting. For information contact: continuinged@bgsp.edu or 617.277.3915. BGSP

Friday. March 28th. 2014 7:30-9:30 PM

CMPS Extension Division: Barbara D'Amato, PsyaD, LP presents: *Treating Adolescents, There is Always a Mother.* Information/rsvp: CMPS: 212.260.7050 • cmps@cmps.edu • www.cmps.edu.

Friday. March 28th. 2014 1:00-3:00 PM

BGSP Continuing Education Event: Jonathan Kelley, MA, Gabriele Perez-Gil, MA, Joan White, PsyaD, Vincent Panetta, PhD present: *Working with the Mandated Client and Other Treatment Destructive Resistances*. For information contact: continuinged@bgsp.edu or 617.277.3915.

Sunday. March 30th. 2014 at Noon

CMPS Extension Division Art Opening: Janos Marton, PhD, Alexandra Plettenberg, PhD, and Steven Poser, PhD present: Id-Ego-Superego: Art from the Living Museum at Creedmoor Psychiatric Center. For information/rsvp: CMPS: 212.260.7050 • cmps@cmps.edu • www.cmps.edu.

### Spring 2014

LICMPS Workshop: Where's My Sanity? Claudia Luiz, PsyaD, author of Where's My Sanity? is the workshop leader. When strong negative forces overwhelm our lives, sanity can't be found in the usual places. What works to find sanity are emotional experiences. Come learn what those experiences are and how to find them. Watch for upcoming announcement of event date. For information email: licmps@optimum.net or call: 631.670.6247.

Tuesday. April 1st. 2014 1:30-2:30 PM

CMPS & NYGSP Open House: Join us for an informational session, led by a faculty member and student, and learn about the programs of study offered at the Center for Modern Psychoanalytic Studies (CMPS) and the New York Graduate School of Psychoanalysis (NYGSP.) For information/rsvp: 212.260.7050 • cmps@cmps.edu.



# SMP Spring/Summer 2014 Calendar of Events

Friday. April 4th. 2014 7:30 –9:30 PM CMPS Extension Division Gallery Talk - Janos Marton presents: Id-Ego-Superego: Art From the Living Museum at Creedmoor Psychiatric Center. CMPS: 212.260.7050 • cmps@cmps.edu • www.cmps.edu

Sunday. April 6th. 2014 11:30 – 1:00 PM CMPS Extension Division: Student Clinical Presentation Dialogue with Faye Newsome, MA, LP, moderator. 212.260.7050 • cmps@cmps.edu • www.cmps.edu.

Friday. April 11th. 2014 1:30- 3:00 PM CMPS Informational Seminar & Lunch: Raúl Plasencia, LCSW and Tracy Morgan, LCSW present: Social Workers and the Couch: Is Psychoanalytic Training for You? RSVP: CMPS: 212.260.7050 • cmps@cmps.edu • www.cmps.edu.

Friday. April 11th. 2014 7:00-9:00 PM BGSP Continuing Education Event: William Sharp, PsyaD, Emily Fox, PhD present: Movie Discussion of *Warm Bodies*. Information: continuinged@bgsp.edu or 617.277.3915. Please view movie before the event.

Saturday. April 19th. 2014 11:45 AM BGSP Informational Open House: offers a valuable introduction to BGSP's academic programs, modern psychoanalytic training, the admissions process, financial aid, and much more. Registration form at: http://bgsp.edu/openhouse\_registration.html or call: 617.277.3915.

Saturday. April 19th. 2014 10:00-11:30 AM BGSP Continuing Education Event: Lynn Perlman, PhD presents: *Do We Fear Women?* For more information contact: continuinged@bgsp.edu or 617.277.3915.

Sunday. April 27th. 2014 Noon–2:00 PM CMPS Continuing Education Series: Claudia Luiz, PsyaD, Before Analysis Can Begin: Treating Pre-Analytic Patients. CMPS: 212.260.7050 • cmps@cmps.edu • www.cmps.edu.

Friday. May 2nd. 2014 7:30 -9:30 PM
CMPS Continuing Education Interview Series: Everything You Ever Wanted to Know About Modern Psychoanalysis with Lynne Laub, PsyD, LP, and Rory Rothman, PsyaD, LP with moderator Sara Sheftel, PhD, LP. Information: 212.260.7050 • cmps@cmps.edu • www.cmps.edu.

Saturday. May 3rd. 2014 2:30-4:00 PM BGSP Continuing Education Event: Frances Bigda-Peyton, PhD, Lorette Dussault, MSW present: *The Language of Flowers: The Search for Connection with Children in Foster Care.* Info: continuinged@bgsp.edu or 617.277.3915.

Tuesday. May 13th. 2014 5:30 PM

CMPS & NYGSP Open House - Join us for an informational session, led by a faculty member and student, to learn about the programs of study offered at the Center for Modern Psychoanalytic Studies (CMPS) and the New York Graduate School of Psychoanalysis (NYGSP). For information or to rsvp contact CMPS: 212.260.7050 • cmps.edu • www.cmps.edu.

#### SMP trip to Russia, May 16-25. 2014: -Evelyn Leigner to be honored.



SMP travels to St. Petersberg & Moscow continuing our professional/pleasure tours to many countries in the world. The trip is particularly special as **Dr. Evelyn Liegner** will honored for her work in psychoanalysis and we'll be there to commemorate the Russian publication of her book, *The Hate that Cures.* (pg. 2)

Friday. May 16th. 2014 7:30-9:30 PM

CMPS/NYGSP Student Association Student Paper Series: Jamie Katz, MA presents: "Computers & Psychoanalysis." CMPS: 212.260.7050 • cmps@cmps.edu • www.cmps.edu.

Saturday. May 24th. 2014 1:00-2:30 PM

BGSP 2014 Continuing Education Event: Claudia Luiz, PsyaD, presents: *Where's My Sanity?* Stories of how people really experience the world and what helps them with their problems. For information contact: continuinged@bgsp.edu or 617.277.3915. BGSP



Sunday through Tuesday — June 22nd to 24th 2014

ACAP 20th Summer Conference: Connecting: Emotional Resilience in a Digital World will be held at Caldwell College. How we can attach and remain connected in a world based on speed and digital relationships? Among the topics covered: The Psychology of Sexting; Internet Addiction; The Online Disinhibition Effect: Cyberbullying; Being Alone: The Art & the Danger, The Dopamine Mood Loop, & many others. Information: ACAP: www.acapnj.org and www.trauma-studies.org.

Monday. August 4th through Thursday, August 7th 2014 BGSP is happy to announce our 30th Annual Cape Cod Summer Conference will take place at Wellfleet Elementary School, Wellfleet, MA. More details to come!

## Hanshin Graduate School of Psychoanalysis, South Korea Hosts First Modern Psychoanalytic Conference

by Joon ho Lee

Hanshin Graduate School of Psychoanalysis hosted its first psychoanalytic conference in Seoul, Korea: *Clinical Perspectives of Transference and Countertransference*. Over 200 attendees came to hear about these key psychoanalytic terms and their use in clinical work. The majority of the audience consisted of mental health professionals and trainees. The morning keynote lecture by Dr. Joon ho Lee was titled," The Birth and Evolution of Transference and Countertransference: From Freud to Spotnitz" was followed by discussion in which many in the audience showed an

interest in Modern Psychoanalytic concepts such as the narcissistic transference and countertransference. Two cases were presented in the afternoon accompanied by a panel discussion. Dr. Joon ho Lee was joined by Dr. Jae hoon Lee, founder and director of the Korean Contemporary Psychoanalytic Institute, and Han dong Suk, a graduate of the Blanton-Peale Institute and a New York State licensed psychoanalyst. Although it was a full day conference, many hungered for more and were promised that this was only the first of many psychoanalytic conferences and events to come.

Established in March 2012 with 20 students (14 on the psychoanalytic track), current enrollment is up to 37 students (24 on the psychoanalytic track.) Modeled after the Masters program in Psychoanalysis offered at the Boston Graduate School of Psychoanalysis, the theories of Hyman Spotnitz are taught with Modern analytic readings incorporated throughout the classes; process learning is mixed with didactic teaching methods to give students a richer experience. What differs from programs offered in Boston and New York is that at the Hanshin institute, the clinical component is not incorporated. Therefore, graduating students start their clinical training at the Korean Contemporary Psychoanalytic Institute and can be certified as psychoanalytic psychotherapists.

— Joon ho Lee, an SMP member as a student, Certificate Candidate and Psychoanalyst, earned his PsyaD at BGSP in 2013 —



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