

the Analyst

The Newsletter of the Society of Modern Psychoanalysts

Dr. Phyllis Meadow, Pioneer, Author, and Psychoanalyst

The Society of Modern Psychoanalysts is deeply saddened by the loss of our founder, former president and inspiring leader, Dr. Phyllis W. Meadow, who died in New York City on January 19, 2005 after a brief illness.



FOR ALMOST 50 YEARS Dr. Phyllis W. Meadow advanced the practice, teaching and profession of psychoanalysis in the United States. Her outspokenness and singular vision energized the field of conventional psychoanalysis, expanding opportunities for psychoanalytic training to all qualified individuals and establishing psychoanalysis as its own profession. She championed recognition of psychoanalysis that integrated the emotional as well as the intellectual. She developed rigorous professional standards for the field and played a vital role in developing legislation in Vermont, Massachusetts, New York, New Jersey and other states. She helped to ensure the codification of these standards by authoring a 1998 Vermont bill that set the state's guidelines for licensing and accreditation in the discipline of psychoanalysis.

Dr. Meadow taught, wrote, edited, practiced therapy, and founded and led institutes and organizations. She was founder of three psychoanalytic institutes: the Center for Modern Psychoanalytic Studies in New York City, the Boston Graduate School of Psychoanalysis in Brookline, Massachusetts, and the Cyril Z. Meadow Institute in Dummerston, Vermont.

It was her wish to establish psychoanalysis as its own discipline and field of knowledge— independent of other mental health disciplines. To this end, she worked tirelessly to achieve degree-granting status in the field through the Boston Graduate School of Psychoanalysis,

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SMP Becomes Official NYS Registering Body for Licensing of Psychoanalysts

Lucy Holmes

Regulations to implement the licensing law in New York State are complete and have been approved by the Board of Regents. The Society of Modern Psychoanalysts (SMP) has been recognized as one of two membership organizations approved as legitimate registering bodies for psychoanalysts. This means that membership in SMP allows a psychoanalyst to become licensed without taking an examination, as long as his or her membership as a psychoanalyst is in good standing with the Society. The applications for license are being worked on and will soon be available from the Office of Professions of the New York State Education Department. Part of the application process will require official transcripts from all your accredited academic and analytic training institutions.

The regulations allow for an equivalency alternative to become licensed without examination prior to 2006. The grand-parenting option requires a full psychoanalyst, who has the required 1500 hours of experience, to be licensed as long as he/she belongs to a

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CMPS 2004 Conference: André Green and Phyllis Meadow Freud and Modern Psychoanalysis

Barbara D'Amato

On December 11, 2004 the psychoanalytic community participated in an historic event—the CMPS Annual Conference, *Freud and Modern Psychoanalysis*, held this year at the New York Society for Ethical Culture. It was once again orchestrated and graciously chaired by Dr. Sara Sheftel.

The ground-breaking climate of this occasion began with André Green's concise, meticulously researched and well delivered paper on Freudian theory. Green, who rarely leaves Europe, embarked for NYC at the behest of another monumental figure in psychoanalysis, Phyllis W. Meadow. The meeting of the two created this remarkable conference. Each attendee was aroused, inspired or nourished by this emotional and intellectual feast.

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Phyllis Meadow, Pioneer... *continued from page 1*

beginning with the Master of Arts degree in 1994, and the doctorate in psychoanalysis in 1999 at the Vermont campus. She founded the unique interdisciplinary Institute for the Study of Violence at the Boston school, which achieved doctoral degree-granting status for its program of studies in 2000. As of January 2005, the Master of Arts degree may also be earned through the Boston Graduate School of Psychoanalysis in New York City, a result of her efforts in conjunction with others.

Dr. Meadow was Chair of the Board of Trustees for the Center for Modern Psychoanalytic Studies; former President of the Boston Graduate School of Psychoanalysis; member of the Board of Directors of the National Psychological Association for Psychoanalysis (NPAP); and founder and past president of the National Association for the Advancement of Psychoanalysis (NAAP).

Dr. Meadow was a researcher and author of numerous theoretical and clinical papers. She co-authored *Treatment of the Narcissistic Neuroses* with Hyman Spotnitz, her early mentor. Other published works include *Emotional Education: The Theory and Process of Educating Psychoanalysts*; *Selected Theoretical and Clinical Papers*, and *The New Psychoanalysis*, which Charles Lemert noted, "is among the most readable resources there are to the clinical evidence for the psychoanalytic process." A book on ethics in psychoanalysis is in press. Dr. Meadow was also founder and editor of the journal *Modern Psychoanalysis*, established in 1976.

Phyllis Meadow had an inexhaustible energy, allowing her to be fully engaged in and successful at everything she did: she was a brilliant analyst, a charismatic teacher—using a dynamic class process rather than lectures, and her supervision was legendary. Among her gifts as a psychoanalyst was her profound attunement to others' emotions and to unconscious conflicts in both individual and group settings. We will miss her...her contagious enthusiasm, her creative mind, her boundless energy ■

Contributions in her memory may be made to Center for Modern Psychoanalytic Studies, NYC; Boston Graduate School of Psychoanalysis, Brookline, MA, or Cyril Z. Meadow Institute, Dummerston, VT.

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SMP Registering Body for Licensing of Psychoanalysts ...*continued from page 1*

registering body such as SMP (or NAAP). The registering body must verify your credentials directly to the S.E.D.

There are two other alternatives available to those who have some analytic training (including specific courses), analysis and supervision. One option requires a masters degree, seven courses, and experience in the field; the other requires a bachelor's degree, five specific courses and documented 7 years full time experience. We will notify you of specifics as soon as they are available to the public.

There are several provisions in the new regulations, which the Society energetically opposed, but which made their way into the law anyway. No applicant may use their private practice to accrue clinical experience. Supervision must take place within an agency, though it can be in a supervisor's private practice office. After the law is implemented in 2006, a master's degree will be required for entrance into analytic training.

Contact the Office of Professions at www.op.nysed.gov. or call for a package: 518-474-3817 ext. 450 ■



SMP Conference Tour 2005: Cruise the Mediterranean

July 1st to July 12th

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the Analyst / *The Newsletter of the Society of Modern Psychoanalysts*

16 West 10th Street, New York, NY 10011-8707
(212) 260-7050 • www.SocModPsychoanalysts.org

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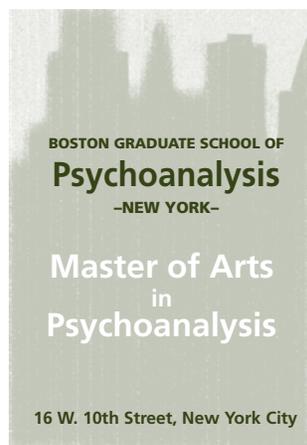
Master's Degree in Psychoanalysis Comes to New York

Carol Panetta

After four years of review and negotiation, the Board of Regents of the State of New York has granted a charter to the Boston Graduate School of Psychoanalysis–New York (BGSP-NY) to grant the Master of Arts degree in Psychoanalysis.

At their January 11, 2005 meeting the Regents approved the new degree program, which offers a two-year Master's curriculum in psychoanalytic theory, history and research.

Located at 16 West 10th Street in New York City, the program is already up and running, with 22 students enrolled for the spring, 2005 semester. For information and to request a Bulletin call BGSP-NY at 212-260-7050, or visit: www.bgsp.edu/academics/masterpsyNY.htm ■



NJCMP Survives and Celebrates

Demetria Delia

IN 1991, STANLEY HAYDEN AND HIS COLLEAGUES joined to form a modern psychoanalytic institute to accommodate mental health professionals interested in training in the northern New Jersey area. The successful beginning of the New Jersey Center for Modern Psychoanalysis (NJCMP) was due to the fruitful labors of Edith and Jerry Gerber, Naomi Sarna and David Feazel, and Sheila Zaretsky, Maurice Lovell, Judith Akullian, Audrey Goldrich and May Hayden.

In 1996, the first graduate, Demetria DeLia, joined the faculty and was soon followed by other graduates, Aaron Lederer, David Panozzo and Kenneth Cappuccio, as members of the teaching staff. In addition to offering a curriculum designed to train candidates to be certified psychoanalysts, NJCMP offers a continuing education program of lectures, workshops and outreach programs in an attempt to introduce mental health professionals and teachers to our methods of resolving resistances.

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CMPS 2004 Conference

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Dr. Green's professorial demeanor and theoretical certitude were juxtaposed with Dr. Meadow's preference to engage in an exchange of Classical, Lacanian and Modern Psychoanalytic concepts. Green gave this American group his interpretation of Freudian ideology within a chronological, historical and sociological context. Green has a comprehensive ownership of psychoanalytic theory. Yet, the clarity and simplicity with which he conveyed Freud's constructs were accessible to novice and scholar alike. The wording of this speaker's conceptualizations was at times unfamiliar. For example, he elaborately described one of the mechanisms of instinct as, "impulses arising which produce counter impulses...in which an individual must then choose which to follow." Some would define this as *conflict*, a word that Green never mentioned. It leads one to speculate on how much nuance of meaning may be acquired or lost among the many translations of Freud's native German writings. Green, most probably, studied Freud's original papers.

The keynote presenter left the assembly stimulated and inquisitive. The audience, mostly clinicians, endeavored to secure answers as they relentlessly queried Green. There was particular interest in how he conducts an analysis. Green's agenda did not include explication of technique. Meadow, aware of the needs of the group, worked to assist individuals unsatisfied with theory alone, to get what they wanted. This ardent desire to penetrate Green's functioning in his treatment room may have given rise to a resistance to being with him in the moment. Various elements factored into this imperative for clinical discussion, perhaps none more so than Meadow's uncertain health.

The speaker did not discuss case material. That was disappointing. However, he gave a crystal clear re-visiting of Freud's most important theoretical contributions. At the same time we were afforded an opportunity to observe Meadow's clinical finesse as she interacted with Green in what would be her final public appearance ■

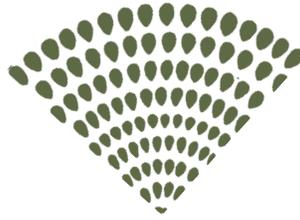


The Society of Modern Psychoanalysts
Annual Business Meeting

Sunday May 1 —12 Noon

Center for Modern Psychoanalytic Studies
16 West 10th Street, NYC

SMP Community Calendar



Spring/Summer 2005

Full name and address of institute is listed with the first entry only. Please submit all calendar dates to Charlotte Melnik at Melnicks@hotmail.com for inclusion in the Analyst. (No ads will be taken.)

Friday, April 29, 2005

Boston Graduate School of Psychoanalysis, (BGSP) Extension Division: The Suicidal Patient. Mary Shepherd, PsyD. How can therapists work with the suicidal patient effectively and manage the feelings of anxiety, helplessness, and rage that may be induced by such a patient? Workshop focuses on modern analytic techniques. 12:30-2:30 pm. \$40, \$25 for students. At BGSP, 1581 Beacon St., Brookline MA. Information: 617-277-3915/www.bgsp.edu.

Saturday, April 30, 2005

CMPS Third Annual Education Conference. Teachers, psychoanalytic candidates and psychoanalysts gather for discussion and presentation led by distinguished analysts and educators. 9:30am—2pm. Held at the **Center for Modern Psychoanalytic Studies (CMPS)** 16 West 10th Street, NYC. Information: 212-260-7050/www.cmps.edu.

Sunday, May 1, 2005

The Society for Modern Psychoanalysts (SMP) Annual Meeting will be held at CMPS, Sunday, at noon. Meeting will include election of officers and trustees, and that will be followed by a question and answer sessions focused on the new licensing law and led by Kathy Joyce. SMP.

Saturday, May 7, 2005

BGSP Spring Conference: Leadership and Teamwork: Tapping the Power of the Unconscious with Michael Maccoby, PhD. The conference will be held at Pine Manor College in Chestnut Hill, from 9:30am -4:30pm Fee: \$125, Students, \$60. 617-277-3915/www.bgsp.edu. BGSP.

Mondays, May 9, 16, 23,

June 6, 13, 20 2005

CMPS Extension Division: Working with Difficult Patients. Our most difficult patients suffer from chronic disturbances and are often resistant to the usual approaches. Approaches to treatment, case management and support systems for both client and team members. Instructor: Lorraine Smithberg, PhD. Mondays 7:10-8:40 PM. Fee: \$195 for six-week course. Information: 212-260-7050/www.cmps.edu. CMPS.

Friday, May 13, 2005

BGSP Extension Division: Excuses to Leave Therapy. Lorraine Smithberg, PhD. All patients at some time or other want to leave therapy, and some seem to chronically want to leave. This workshop focuses on techniques for working with treatment destructive resistances through discussion of case examples. 12:30-2:30 pm. \$40, \$25 for students. Information: 617-277-3915/www.bgsp.edu. BGSP.

Friday, May 13, 2005

CMPS Extension Division: Interviews with Pioneers in Modern Psychoanalysis. The Final interview in this popular series. Dr. Leslie Rosenthal will be interviewed by Rose McAloon followed by a Q. & A. period. 8-9:30 pm. \$25. CMPS: Information: 212-260-7050/www.cmps.edu. CMPS.

Wednesday, May 18, 2005

Academy of Clinical and Applied Psychoanalysis (ACAP), 769 Northfield Ave., LL2, W. Orange, NJ. Open House Discussion: "Modern Psychoanalysis in Everyday Life." For Information and reservations: 973-736-7600. ACAP.

Friday, May 20, 2005

CMPS Extension Division: Psychoanalysis, Violence and Contemporary Social Phenomena. Three recent graduates— Eliana Calligaris, PsyD, Michal Ginach, PsyD, (CMPS), Miriam Riss, PsyD; (CMPS) from Boston's Institute for the Study of Violence—present their dissertation findings: "The role of unconscious fantasy in the Israeli-Palestinian conflict"; "The experience of being a prostitute in Brazil," and "The tolerance for violence in response to the Amadou Diallo murder and the 9/11 Attack." Event held from 8:00-9:30 PM at CMPS. **No Charge.** Co-sponsored by CMPS Scientific Affairs Committee and the Alumni Association. For Information contact CMPS at 212-260-7050/www.cmps.edu. CMPS.

Sundays, May 22, June 26 2005

CZMI Information Sessions. Come to Dummerston, Vermont to learn about our PsyD doctoral program in psychoanalysis and get a tour. Visit the **Cyril Z. Meadow Institute (CZMI)** at 40 Tucker Reed Road in Dummerston, Vermont. Information: 802-257-0919 or 617-277-3915.

Calendar... continued on page 9.



Phyllis Meadow Memorial Celebration

March 5th 2005, Auditorium PS 41, NYC



Thirty-two people spoke at the celebration of Dr. Phyllis Meadow's life.
Each eloquently contributed to a poignant and life affirming picture.

Below are excerpts from twenty-two of these tributes. More complete texts supplied by
their authors are available at the SMP web site: www.SocModPsychoanalysts.org.

- A DVD will be available soon to witness the words spoken, the gestures and the songs for Dr. Meadow •

Mimi Crowell (Opening Speaker)

Everything changed for me after I met Dr. Meadow. She made all the difference in my life. I think all of us who had the privilege of working with her in any capacity were contagiously with a life force so strong that the world became an exciting place, where anything was possible and you were able to do things that you never imagined doable, and sometimes never knew you wanted until then. Dr. Meadow lived life... connected with other people on the deepest level, and then liberated your ability and desire to do the same. For me, she was the most emotionally generous person I ever knew—during her living and during her dying. I consider it the greatest honor to have known her and shared life with her.

Evelyn Abrams (CMPS Founder)

Phyllis Meadow...(her) enthusiasm, creative and dynamic personality, boundless energy and brilliant mind, inspired everyone. I look with pride and awe at how Phyllis had matured from the young woman who many years ago, consulted with me for her doctoral dissertation.

Arnold Bernstein (CMPS Founder)

We analysts do not have to be reminded of Thanatos, that mysterious power that the universe wields over life. In this world nothing stands still. The days come and go. And so do people. Life follows a trajectory that leads from conception to death. From this psychoanalytic perspective, "living" can be described as the struggle against dying. More than anyone I have known, Phyllis seemed to be engaged in this struggle every moment of her existence. Even unto her death. When I think of her I will always picture those glorious August evenings on Cape Cod, sitting at dinner together with Phyllis and Cy Meadow, beside a picture window in a restaurant overlooking...Provincetown Bay, bathed in that special Cape Cod light, watching the... sun slowly sinking down until it disappears below the horizon and the stars return.

Leslie Rosenthal (CMPS Founder)

During an early meeting with Dr. Meadow around the group program, she received quite a number of phone calls and responded to each in a most unhurried way (which I suspect is not a surprise to you). What struck me was the way she embraced each contact. Her "Hello" was warm and inviting conveying a positive anticipation of the contact. I thought of my own wariness at that time when my phone would ring and I would wonder, "Who is that and what are they going to want from me?" Dr. Meadow always leaned into life.

I will always be profoundly grateful to her and Cy for inviting me to join the Center as a founder, ...There had been an informal Modern Analytic Institute of a sort, scattered outposts in the private offices of those who had studied and worked with Dr. Spontitz. CMPS brought us all together as a family. Dr. Meadow's energy and creativeness suffused us all. While some of us were still dealing with the past in order to function in the present, she dwelt in the present and future, always looking for the next mountain to be climbed. She was larger than life.

Murray Sherman (CMPS Founder)

In mid -1950's, despite being just an intern in a small and newly formed clinic, (The Theodor Reik Mental Health Clinic) Phyllis Meadow had a sense of being a significant person in a significant place. She saw herself as being able to effect important changes in the clinic and in the professional community. Phyllis had a talent for making herself heard.

The other quality that comes mind when I think of Phyllis was her charm. She was not always charming. But in informal situations, like ordinary conversation or when having a meal together, Phyllis exuded an undeniable charm. It was almost bewitching and difficult to resist. Over the many years, these qualities persisted and strengthened. They still stand out in my memories of Phyllis Meadow.

...Speakers continued next page

Dr. Hyman Spontitz: *In a recent communication, speaking of Dr. Meadow...* "She was a wonderful person. She was very determined to cure patients through analysis...very determined to get people well."

Dena Reed

When I was trying to think of the things about my mother I would most like to celebrate, I had a recurrent image of her... watering the grass and plants at the Fire Island house. She did this with great relish...no grousing about having to pull the hose up and down the sidewalk to water the three blades of grass that grow in the sand. She was experiencing pure pleasure. And it was contagious! What I haven't mentioned about this daily ritual is that she did it in her bikini—actually one of several bikinis. My mother, as many of you may remember, had great legs. However, she was not, in her middle years, by traditional standards, bikini material. This did not faze her; she was unabashed. I, on the other hand, as an adolescent, was mortified. But, secretly, I wished to be that free-free to go wherever life takes you.

June Bernstein

I remember my first meeting with Dr. Meadow, which took place in a theory class. I had just come to the Center, and I was astounded. I'd never experienced teaching like hers. Everyone was riveted. I remember rushing around the corner to a bookshop to buy my first Freud paperback. She spread life and intensity around her and people followed her around because she was not only alive herself, but made them more alive. A friend I brought to the center to help on the Journal remarked that people were more interesting around her. She brought out the best in them. Possibly because she got them interested in themselves.

Elizabeth Dorsey

The best funeral I ever attended was that of Phyllis Meadow's mother. ...the priest was late and the snow continued to fall... At one point, Dr. Meadow came into the chapel, agitated, and said to me, "Beth, do something! Look at these people! They're all sitting around with long faces. ...!" "What do you want me to do?" I asked. "Sing!" she insisted. There was an ancient electric organ there. I don't play the organ, had to figure out how to use the pedals. And there were songbooks. So, we sang gospel hymns with gusto and not altogether on key until the priest arrived. It was a fine time.

George Ernsberger

The great aha! I experienced with Phyllis Meadow wasn't exactly a moment...more a sort of tectonic shift. It was the realization that Phyllis Meadow considered me interesting—worth her full attention—and indeed a meaningful part of her life. This had a profound effect on me—a seismic effect, I guess I'm bound to say by now, on my makeup, my mental bedrock. ... of all there is to celebrate Phyllis Meadow for, the many, many qualities and accomplishments, my favorite is the quality—the qualities—of her attention. "Her full attention,"—I said that I had her full attention—but at least where people were concerned she had no other kind. Phyllis Meadow's attention had density and texture and heat. It had buoyancy and color. It had rhythm, it had flavor (it certainly has an aftertaste, and thank God). And now I'm coming to recognize that it had gravity. Phyllis Meadow's attention had, and still has, all of us here in its orbit. And feeling privileged to be. With each other, circling around ...where she was.

Jane Goldberg

She modeled for me that all things were possible. And ...somewhere during my 30 year fantastic journey with her, I realized that all that I thought she had conferred onto me—my courage, my heart and my brain — wasn't an Oz-like gift from her at all. It was inside of me all along. ...The gift was that she lead me to know it about myself. She led me to me.

Eugene Kalin

In the fall of 1971, I met a therapist friend at a restaurant on 6th Avenue. ...I was depressed having been recently rejected by two psychoanalytic institutes and my heart was set on becoming an analyst. My friend told me he had heard about a new program on 10th Street that he believed was accepting applicants. I ran over on the spot...jeans, T-shirt, chain of beads, baggy hooded denim jacket, sandals, hair to my shoulders. I thought I would enter, ask for a brochure and leave unobtrusively.

However I walked into a beehive of activity that threw me completely out of sync. There were people everywhere energetically engaged in various tasks. As I was getting my bearings, a charming and irresistible voice beckoned me from the back of the office. A rather young and appealing looking woman, sitting on a desk dangling her legs—who did not fit any image I had of a Director of an analytic institute —asked, "Can I help you?" It was Dr. Meadow. I told her I would like a brochure and she asked what I wanted to know. I said I wanted to know the requirements for admission and the courses offered. Meanwhile behind a glass partition an animated exchange was going on between Mr. Meadow, Dr. Margolis and Mrs. Clevans and Faye Miller, was typing feverishly. Dr. Meadow managed to be engaged with all of them simultaneously while interviewing me. She asked about my background. I told her I had a Master's degree in psychology and two years clinical experience. Almost instantaneously, she proclaimed, "You meet all the requirements!" and asked my name. As I was catching my breath, she asked if I was interested in a class on analytic method. I muttered, "Well...I guess so." "There is a class going on that just started," she added, "I can put you in it right now!" Just then, Mrs. Clevans walked out from behind the partition. Dr. Meadow turned and said, "Mrs. Clevans, I'd like you to meet our new student, Mr Kalin. He is just what we are looking for." Mrs. Clevans peered over her bifocals, looked me over, looked back at Dr. Meadow, looked at me again and, without missing a beat said, "Yes, I see what you mean." Dr. Meadow then led me to a classroom, introduced me to the instructor, Dr. Love, and instructed him to "orient our new student."

...Later, while processing this life-altering turn of events, I realized that I had never felt so accepted and special in my life. This was my initial...and what turned out to be my continuing experience with Dr. Meadow.





Nicole Kirman

Dr. Meadow seemed to come from a slightly different world than the one I inhabit. What comes to my mind are the demigods of Greek mythology...human with characteristics a little beyond human power, some good and some bad. Like them, Dr. Meadow could be capricious. Yet her life-force, her energy and her determination seemed above what I could dream of mustering. She seemed fearless, fazed by nothing, capable of overcoming any obstacle...

Her intellectual powers also seemed from another sphere, as her mind raced through ideas making amazing connections. But her uniqueness was that this brilliant mind was accompanied by an incredible emotional understanding of people. I remember presenting a difficult patient. Dr. Meadow started explaining the patient's dynamic to meI realized that she was not describing the patient, she was describing me and my dynamics with her. She understood me thoroughly. Finally, the image I will always retain in my mind is of Dr. Meadow sitting with her legs crossed in front of the class, swinging one shapely leg back and forth, while making some brilliant intervention.

Jack Kirman

I never really understood what Dr. Meadow meant by drive theory, but it was obvious that she was a drive theorist. She had more drive than anyone I've known, and she certainly liked to drive. At times I personally felt she was going to drive me up a wall. And since I often didn't like to be driven, we had our arguments. But I felt she enjoyed provoking me, and I enjoyed trying to resist her, and I even think she enjoyed my resisting. I remember other interactions too. Once years ago, when I came in to teach a class, under the weather with a bad cold, she appeared in the middle of the class with a cup of hot tea for me.

At a conference we held at Clark University years ago, Dr. Meadow appeared as a member of the panel. Dr. Harold Searles, one of the panelists, stood up at the end of the discussion and announced his protest at the inequality of the gender makeup of the panel: 5 men and Dr. Meadow. He said it would take 10 men to equal Dr. Meadow.

I really felt like concluding with a love poem by Edna St. Vincent Millay, but that seemed inappropriate on this occasion since Dr. Meadow is not here to hear it. But I will read a few lines by Stephen Spender that did seem appropriate. From a poem entitled: "I think Continually of Those Who Were Truly Great."

"The names of those who in their lives fought for life,
Who wore at their hearts the fire's center.
Born of the sun they traveled a short while towards the sun.
And left the vivid air signed with their honour."

Robert Marshall

While at the podium Robert Marshall gets a call on his cell phone from Cy Meadow. Below is an excerpt...

So when can I talk to her, Cy?
...After group she's taking the shuttle to Venus and Mars.
...She's starting the Center for The Fusion of Eros and Thanantos.
...She's founded a PhD program for the Study of violence in hell...She's firing the Devil
Who is she going to use for faculty?
...All the orthodox Freudians and object relations people are there.
And how long does it take to graduate?
...And that's why it's called the Center From Hell.
You're having a big party tonight to celebrate what? You've started a new journal.
The Journal of Universal Modern Psychoanalysis...
What's happening with Research?
...Al Einstein will be director of research. He likes the idea of fusion but he's still not a drive theorist.
...But Phyllis is working on him.

Rose McAloon

... But, when in a recent supervision group, it finally hit me that she might actually die, I asked in parting if I could hold her hand. Sensing my need, she held it out to me and for a moment we clasped hands enjoying for perhaps the last time the warmth and connection we had experienced over these many years. It is the warmth of her life affirming touch that I will treasure always.

Dany Nobus

...If Phyllis made an immense contribution, theoretically as well as practically, institutionally as well as socially, to the advancement of modern psychoanalysis and, indeed, psychoanalysis in general, it is because she was always already post-modern rather than modern. Phyllis refused to believe in any dogmatic grand narrative and constantly treated her own knowledge as a 'knowledge in failure', that is to say as a knowledge that could only be applied as something that is intrinsically lacking and something in need of revision. Phyllis was always at least two steps ahead of everyone, forever in search of those ideas and concepts that would defy the status quo and do justice to the original inspiration of the founder of psychoanalysis. Phyllis inspired inspiration, even at those moments when she left me breathless.

... Speakers continued next page

Lou Ormont

...(Phyllis Meadow) was unquestionably the Center's driving force. Looking back on those formative years, it is hard to imagine what modern psychoanalysis would have achieved without her unstoppable energy. She could be counted on to turn roadblocks into opportunity. She managed to disagree and yet win the respect of colleagues in every field. The daring verve and enthusiasm she instilled in those around her...When the history of lay analysis in America is written, the name Phyllis Meadow will be remembered as the indomitable woman who moved psychoanalysis into the academic establishment.

Carol M. Panetta

When I think about Dr. Meadow, I think about the realm of possibilities. She seemed to make the impossible, possible. When we were turned down to grant the PhD, she said, "Call them up (at the State) and ask them if we can at least give a Master's degree." I thought to myself, "You don't just call up the authorities and ask them to give you a Master's degree!" But we called and asked, and, to my amazement, they said, "Sure!"

I think of Dr. Meadow's death as another instance of the impossible becoming possible. It could never happen, and yet, it did. This leads me to the future. ... I remember Dr. Meadow and I leaving a meeting at the Board of Higher Education office in Boston. I followed her closely to the elevator and, in doing so, stepped on the heel of her shoe pulling it off her foot. Without missing a beat, she said, "Oh, you're stepping into my shoes!" Dena and I have talked about how impossible it would be even try to fill Dr. Meadow's shoes. But we can do the impossible—we can carry on her vision and continue making things possible.

Vicki Semel

I had an appointment with Dr. Meadow on the day our older daughter Debbie's new white Honda was stolen in New York. Despite an agreement with her sister to use the car around South Orange while Debby was on vacation our younger daughter Robin had taken it to New York. So, Robin and I went to see Dr. Meadow. We anguished about the situation—I think I wanted to attack Robin—but also was worried about Debbie's reaction. Dr. Meadow...thought that there were only two questions: Should we call Debbie on vacation and find out what color she would like her new car to be or should we wait until her return to ask this important question. Sigh-sigh—relaxation—tension release—no big deal.

Sara Sheftel

...Being a modern psychoanalyst, (Dr. Meadow) said, involved more than learning the profession and the skills to practice it. It was a way of life, a way of "being in the world," a philosophical outlook based on having emotional freedom and mastery to use it therapeutically—not just with patients, but with all those with whom we come into contact. ...Over the many years we worked together she taught me many things, above all how to love so that the other person would feel loved by me.

Jane Snyder

Some things I learned from Dr. Meadow...

- Smile. —Just go ahead with it, the details will follow. —Write, the words will follow. — Just call up and ask.
- Appreciate. —Everyone has something to say and should be heard. —Give people a chance, they may rise to the occasion.
- Teamwork is best except when autocracy is better. —Mother knows best: there is no mother.
- Loving is as good as being loved. —Love follows hate. —Smile. — Any pressure you feel is of your own making.
- In a fight, go toe to toe. —Don't be afraid to fight. — Don't be afraid to change your mind. — Sing, even if you can't.
- Smile, even if you can't. —Why not travel? — It's a short distance from Boston to New York & vice versa.
- It's a short distance from Boston to Vermont & vice versa.—Eat good meals with friends and family.
- Eat good meals with colleagues. —Colleagues become friends and family. —To manage in a crowd, hold someone's hand.
- One's true desire is not to be found in the desire of the other. —Depression can be cured. — I actually can tell a joke.
- Smile. —Psychoanalysis is the best profession there is. —Life is short, enjoy it.

Elliott Zeisel

Once, Dr. Meadow described for me the experience of growing up in her family, where there was an endless procession of people. The house was alive with activity and debate. That was Dr. Meadow. She built that kind of excitement into her every day. In December, at my last faculty meeting with Dr. Meadow, she worked with her usual sharp wit and understanding, in spite of her illness. As we sat in the group room, a carpenter was busy at work renovating, tearing down a wall so that more light might flood into the dining room.

Concluding Remarks: Mimi Crowell

Jane Snyder and I were talking today before the memorial. We both said how lonely it felt without Dr. Meadow. But now, after listening to these many feelingful and articulate expressions, I feel differently...

Dr. Meadow recognized everyone here today and many more, as members of her family. In knowing her we found our own strengths, and in her singular and graceful way of leaving us she gave us to each other. This last great gift readies us for the tasks ahead. She understood us, what we could accomplish and what we needed. We do not have to be lonely.



SMP Community Calendar *continued from pg. 4*

Tuesday, May 24 —6 to 7 pm

CMPS Open House. Learn about a career in psychoanalysis at CMPS, 16 West 10th Street, New York City. Information/reservation: 212-260-7050/www.cmps.edu. **CMPS.**

June 2005

CMPS Extension Division June Workshops. Courses begin Monday, June 6. Look for detailed brochure in May. For information 212-260-7050/www.cmps.edu. **CMPS.**

Sunday, June 12, 2005

Brooklyn Seminars in Modern Psychoanalysis (BSMP) BSMP Celebrates its 20th Anniversary. Presentations by Dr Theodore Laqueria, Dr Phyllis Cohen, and Prof. Joseph Dorinson. 2:00pm. For information: 917-602-9394.

July 30 through August 6, 2005

BGSP Cape Cod Summer Institute in Wellfleet, Mass. "*Passions and Enactments.*" The Conference is in honor of Dr. Phyllis Meadow and will cover topics of special interest to her. Videotapes of Dr. Meadow from past conferences will be shown and discussed as part of the program. Information: 617-277-3915/www.bgsp.edu. **BGSP.**

Sunday through Thursday: August 7-10, 2005

ACAP 14th Annual Summer Conference on Long Beach Island, New Jersey. "*Desire: Never Enough... Just Enough*"—Join us for cool, air-conditioned collegial discussions, sunny afternoons on the beach and a host of after hours activities. Information and reservations. 973-736-7600. **ACAP**

Saturday, December 10, 2005

CMPS Annual Fall Conference. Jonathan Lear will be this year's keynote speaker, Elizabeth Young-Bruehl, discussant. Hold the date! Look for details: 212-260-7050/www.cmps.edu.

July 1-12, 2005

**SMP Conference and Tour:
Cruise the Mediterranean**

We have 28 persons signed on—SMP members and families from California, New York and Massachusetts. We begin with two nights at the Bauer-Grunwald Hotel, a 5-star hotel a short distance from Piazza San Marco. There will be a welcome dinner on our first night in Venice and, July 4th we embark on the Costa Victoria for a 7 day cruise to Bari, Italy, the Greek Islands of Katakolon, Santorini, Mykonos and Rhodes with a final port of call in Dubrovnik, Croatia. We disembark in Venice and return to the Hotel Bauer-Grunwald for a final day and night, ending with our farewell dinner. Professional meetings are on board ship in the mornings after breakfast. Interested members should contact: Ted Laqueria 212-242-1107. Berths are still available ■

Institute News & Notes

Dr. Mimi G. Crowell was unanimously elected President of the Center for Modern Psychoanalytic Studies at the Board of Trustees meeting on Sunday, March 20, 2005. She has been functioning for many years as the Dean of Academic Affairs. The election of Dr. Crowell insures a smooth transition and the Center's continuing commitment to develop its already innovative training program ■

Presentation: Post Modern Art and the Unconscious

On Saturday March 5, CMPS graduate, Dr. Steven Poser presented a slide-illustrated lecture on "The Life and Death of the Unconscious in Modern and Contemporary Art" at a conference on "The Fate of Interiority in Modern and Postmodern Art". Dr. Poser's paper identified two strands in the psychoanalytic conception of the unconscious and showed how they figured in modern art from the Surrealists to the Abstract Expressionists. He then traced a progressive repudiation of unconscious processes in the making of contemporary art. The conference was held at the Stony Brook Manhattan campus and was sponsored by the Stony Brook University Art History and Criticism Graduate Lecture Series and the Pollock-Krasner Foundation. Other speakers included Dr. Francis V. O'Connor, Dr. Sue Taylor, and Dr. Donald Kuspit ■



Modern Psychoanalysis Journal
**News: Submissions for the
Meadow issue**

We are looking for articles—rigorously and fully thought through articles—that honor Dr. Phyllis Meadow's mission to foster a cadre of writers. We would like the article to reflect how Dr. Meadow worked. Be specific. Explore the interaction and how it illuminated a modern psychoanalytic technique or concept. Explore the concept too. If you haven't already begun to write, Ronald Lieber encourages you to begin. If you have begun, he would like to encourage you to finish. This is an opportunity to express and process your relationship with Dr. Meadow in a manner she would appreciate. She loved the written word ■

ACAP is Growing



The Academy of Clinical and Applied Psychoanalysis (ACAP) has growing pains. Our library is bursting at the seams; our fully accredited Master's program has drawn new students, meaning we offer more classes. The number of advanced students makes it difficult to schedule office space in our clinic. Also, we are looking into offering an accredited doctoral program in psychoanalysis, which we anticipate will have wide appeal. The solution—find a larger space. Our current lease expires in July 2006 and we are actively looking into purchasing our own building. Of course, this requires fundraising. Our dreams and sense of purpose drive us forward. Last summer's successful Conference on "Intimacy" inspired us to follow with an "Intimacy II" conference March 12th at Montclair State University where we got to the heart of intimacy—in relationships, and with oneself. This year we again go to Long beach Island, New Jersey August 7–10, for our fourteenth annual Summer Conference. Our topic: *Desire: Never Enough...Just Enough*. Call ACAP at 973-736-7600 for information and reservations ■

BGSP May 7th Conference to feature Michael Maccoby

Jane Snyder

MICHAEL MACCOBY, PhD, anthropologist, psychoanalyst and internationally known organizational consultant will speak at the BGSP Spring Conference in Boston on Saturday, May 7th. Dr. Maccoby is well known for his early work with Erich Fromm in Mexico which resulted in a book, *Social Character in a Mexican Village*, as well as his more recent work applying psychoanalysis to leadership and the work setting.

Following Dr. Maccoby's presentation, a panel composed of psychoanalysts and members of the business and organizational development community will respond.

Panel members include psychoanalysts Dr. Elliot Zeisel and Dr. Lucy Holmes; Mr. Maurice Segall, former CEO of Zayre Corporation and former Vice President of American Express; and Dr. Janice Klein, an MIT Sloan School Senior Lecturer and researcher. Dr. Jane Snyder, BGSP Dean of Graduate Studies, will moderate the panel.

The full day conference includes lunch followed by topical workshops co-led by psychoanalysts and prominent leaders from business or nonprofit agencies. The conference will be held at Pine Manor College in Chestnut Hill from 9:30 am until 4:45 pm. Rooms are available at the Holiday Inn in Brookline at a special conference rate until April 13, or call the BGSP office for help with accommodations. An evening event is planned for Saturday night at BGSP ■

Interviews with Pioneers in Modern Psychoanalysis

Ronald O. Lieber

"INTERVIEWS WITH PIONEERS in Modern Psychoanalysis," the CMPS Extension Division series, with Dr. Rose McAloon, began with Dr. Arnold Bernstein, a founder of CMPS, in the first of four events. He described the origins of the modern psychoanalytic movement as well as his own professional journey. Dr. Bernstein's spontaneity, warmth, and wisdom created an informal atmosphere in which audience members participated. Questions were asked, memories shared. The event was suffused with vitality thanks to Dr. Bernstein's abundant knowledge and generosity.

At the second interview on March 4th, the rooms were jam-packed, people having to pull out folding chairs in the front room to hear Dr. Evelyn Liegner, a founder of CMPS, speak. She regaled the audience with anecdotes of her psychoanalytic career, the origins of modern psychoanalysis, the early days with Dr. Hyman Spotnitz and the Jewish Board of Guardians, and later the group that formed around Spotnitz at NPAP and then broke away to found CMPS.

In memory of Dr. Meadow, Norma and Jerry Kessler are underwriting the cost of videotaping this series. This oral history of the origins of the Modern Psychoanalysis will soon be available to the public as a boxed set of four DVDs ■

Next interview: Leslie Rosenthal, May 13th, 8-9:30pm at CMPS.



CMPS Freud Study Group

Richard Thompson

AN ENTHUSIASTIC CIRCLE of discussants approached the case of "Little Hans" at this month's meeting of the Freud Study Group held at CMPS. How a modern psychoanalyst might view the case quickly became the focus of interest, especially the role of aggression in the development of phobias, which Freud characterized as growing out of the repression of sexual interests. Hans' mother was both seductive and rejecting and certainly seemed to contribute to the intense excitement and longing which Hans experienced. Freud in his comments on the case was well aware of what we would now call pre-oedipal elements in the case, but didn't incorporate them into his theory. He also made a number of interesting comments on technique in the course of explaining the case and how it unfolded. The group ended with a discussion of the interpenetration of oedipal and pre-oedipal elements in an analysis ■

CZMI Celebrates its First Graduate

Lorraine Smithberg

The Cyril Z. Meadow Institute in Vermont celebrated a landmark event on Saturday, February 26, 2005. Before an audience which included CZMI faculty and students, members of the Boston Graduate School of Psychoanalysis (BGSP) Research Committee and members of her family, Joan White presented her research paper entitled, "Life as Pain: Psychic Restructuring after Catastrophic Trauma." This paper examines the effects of severe trauma, loss and dislocation within a group of survivors of genocide in Cambodia. In this disturbing and moving study, Mrs. White found that the traditional concepts of repression do not apply. These survivors manifest permanently altered psychic structures. The audience at large discussed this finding and other related material. The paper will be available in the near future at both CZMI and BGSP. Members of the committee for this paper and CZMI doctoral faculty then retired in order to discuss the presentation and vote. It was agreed unanimously to award the PsyD degree to this graduate. The announcement was met with great joy. Dr. White dedicated this paper to Dr Phyllis Meadow. The proceedings were inevitably accompanied by a note of sorrow, since Dr. Meadow was not with us to share this achievement. We knew how much this event would have meant to her and so we continued to rejoice ■



CZMI Doctoral Candidate Wins Vermont Psychoanalytic Research Award

Elizabeth Dorsey

DAN GILHOOLEY, CZMI doctoral candidate has won the first research award given by the Vermont Association of Psychoanalytic Studies. Gilhooley's work on the cyclical disintegration and integration of patients' thoughts during the analytic session was honored at the annual VAPS meeting on February 13 in Montpelier, VT. Gilhooley is a graduate of CMPS, where he is a Faculty Fellow at the Consultation and Referral Service, and a member of the first MA class at BGSP.

The study involves the analysis of patient speech in psychoanalytic sessions. Gilhooley's textual analysis employed a combination of quantitative and qualitative methods. He identified three fundamentally different forms of disintegrative and integrative processes occurring simultaneously in the unconscious, as exemplified by speech. Gilhooley has presented versions of his research at several CMPS and CZMI events and at the Society for Psychotherapy Research annual conference in Newport last November. He will be on a panel presenting some of his findings at the Society for Psychotherapy Research international conference in June 2005. The dissertation committee for this award-winning project includes Robert Marshall (chair), Stephen Soldz and Wilma Bucci ■ Congratulations all!

KPI Presentation addresses Human-Canine Bond

B. Thomas Thacker

KENTUCKY PSYCHOANALYTIC INSTITUTE sponsored a presentation entitled, "The Human-Canine Bond and the Psychoanalytic Perspective" on February 26th at Bellarmine University, Louisville, KY. Dr. Joel-Gavriale Gold, author of "When Pets Come between Partners" and winner of the Gradiva Award from the National Association for the Advancement of Psychoanalysis (NAAP) for best published article of 2004, spoke on the relationship between people and dogs. Stressing that this relationship is unique and not a substitute for human relationships, Dr. Gold also spoke on the role his dogs have played in his private practice. Part of a series to educate the public about psychoanalysis, the event was attended by dog trainers, members of a service-dog organization and a representative of Louisville Metro Animal Services, as well as local therapists. After the presentation, the audience shared their experiences of the remarkable and therapeutic human-canine relationship ■

NJCMP Survives and Celebrates

...continued from page 3

After our devastating fire two years ago, we have dedicated ourselves to rebuilding our institute and ourselves. Having suffered through this traumatic event, we have delved into the study of trauma in all of its manifestations. We have sponsored lectures on trauma, including approaches that dealt with the neurobiological underpinnings of trauma as well as its psychic scars.

In January, 2005 our original headquarters were restored, more beautiful and elegant than before, and we returned to begin with new vigor. On Sunday, April 17th, 2005, we hosted a fund-raising party with dinner and a DJ—gathering donations and polishing our dancing shoes at the same time. Maurice and Pamela Lovell once again graciously hosted this event in their lovely home. All members of the modern analytic community were invited to join us for this very special celebration in support of a worthy cause.

In the fall 2005 we plan to present a panel discussion, led by NJCMP faculty, on the topic of trauma. The event will be held at the Fair Lawn Public Library and will be followed by an Open House at NJCMP. Details to be announced ■

CMPS "Project 200" Recruitment

Judith Chusid

With the goal of increasing student enrollment to 200 by the year 2010, CMPS has embarked on "Project 200." Co-chaired by Vicki Semel and Judith F. Chusid with Eileen Sandquist as advisor, the project is structured around six team leaders who are taking responsibility for marketing to different populations. The Project 200 team leaders, Barbara D'Amato, Educational Institutions; Charlotte Melnik, Mental Health Agencies; Nicole Kirman and Raul Placencia, Colleges & Universities; Dan Gilhooley, Admissions and Recruitment Follow-up; Lynne Laub, Alumni Contacts and the Alumni Campaign, work with volunteers to phone, contact and present CMPS to agencies.

In November 2004, we kicked off a new phase of the project by visiting students during class time to engage them in the project. As a result, 30 students have volunteered to be part of the team. Others have sent friends to Open Houses, referred friends, family or colleagues to take classes or given us ideas that would enhance our goals.

At the March 5th Conference of the Association of Teachers of Independent Schools (ATIS), CMPS faculty had a strong presence, leading a total of nine workshops on resolving learning and behavioral resistances in the classroom using modern analytic techniques.

It has also been a goal to increase our internet and print visibility. After many combined and ardent efforts, we are happy to report that eight new students and five others are in the queue for next semester. If you'd like to join us call: Judith Chusid: 212-463-0080 or Vicki Semel: 873-736-1044.

www.SocModPsychoanalysts.org

- Analyst Newsletter (current & past issues)
- Current Member listings; membership information/application
- SMP event postings • Institute links



the Analyst

1. SMP Official NYS Registering Body
3. BGSP-New York Masters Program
4. Community Calendar
- 5-8. Phyllis W. Meadow Memorial Celebration